

Frauen

Kiel

Mannschaftswertung

1.	Ernst Maren	SG TriDW-USC KIel	00:13:43	9	00:40:01	1	00:53:44	2	00:19:59	1	01:13:44	2
	Köck Kaatje	SG TriDW-USC KIel	00:13:13	6	00:41:43	3	00:54:56	4	00:23:00	3	01:17:57	3
	Hartman Beeke	SG TriDW-USC KIel	00:12:52	4	00:45:18	6	00:58:10	5	00:23:14	4	01:21:25	5 10
	Wrobel Bente	SG TriDW-USC KIel	00:12:01	3	00:46:12	7	00:58:13	6	00:23:48	7	01:22:01	6
2.	Lange Bettina	TSV Bargteheide -Tri	00:10:40	1	00:40:19	2	00:51:00	1	00:21:03	2	01:12:04	1
	Schott Lena	TSV Bargteheide -Tri	00:11:49	2	00:42:51	4	00:54:40	3	00:23:40	6	01:18:20	4
	Dreier Kirsten	TSV Bargteheide -Tri	00:16:24	13	00:43:12	5	00:59:36	7	00:23:36	5	01:23:12	7 12
	Baerman Gitta	TSV Bargteheide -Tri	00:13:17	7	00:47:05	8	01:00:22	8	00:27:29	12	01:27:52	10
3.	Borwieck Kirsi	Impalas Westküste	00:13:01	5	00:47:38	10	01:00:39	9	00:24:47	8	01:25:27	8
	Tharra Susan	Impalas Westküste	00:13:34	8	00:47:05	9	01:00:39	10	00:25:01	10	01:25:41	9
	Austen Ingrid	Impalas Westküste	00:16:20	12	00:48:53	11	01:05:14	11	00:29:09	13	01:34:23	12 29
	Stübner Sonja	Impalas Westküste	00:16:50	14	00:51:29	12	01:08:20	12	00:27:19	11	01:35:39	13
4.	Petersen Doreen	TSV Westerland	00:15:51	11	00:53:40	13	01:09:32	13	00:24:50	9	01:34:22	11
	Fröhlich Silja	TSV Westerland	00:15:07	10	00:56:37	14	01:11:45	14	00:34:08	14	01:45:53	14 49

Einzelwertung

1.	Lange Bettina	TSV Bargteheide -Tri	00:10:40	1	00:40:19	2	00:51:00	1	00:21:03	2	01:12:04
2.	Ernst Maren	SG TriDW-USC KIel	00:13:43	9	00:40:01	1	00:53:44	2	00:19:59	1	01:13:44
3.	Köck Kaatje	SG TriDW-USC KIel	00:13:13	6	00:41:43	3	00:54:56	4	00:23:00	3	01:17:57
4.	Schott Lena	TSV Bargteheide -Tri	00:11:49	2	00:42:51	4	00:54:40	3	00:23:40	6	01:18:20
5.	Hartman Beeke	SG TriDW-USC KIel	00:12:52	4	00:45:18	6	00:58:10	5	00:23:14	4	01:21:25
6.	Wrobel Bente	SG TriDW-USC KIel	00:12:01	3	00:46:12	7	00:58:13	6	00:23:48	7	01:22:01
7.	Dreier Kirsten	TSV Bargteheide -Tri	00:16:24	13	00:43:12	5	00:59:36	7	00:23:36	5	01:23:12
8.	Borwieck Kirsi	Impalas Westküste	00:13:01	5	00:47:38	10	01:00:39	9	00:24:47	8	01:25:27
9.	Tharra Susan	Impalas Westküste	00:13:34	8	00:47:05	9	01:00:39	10	00:25:01	10	01:25:41
10.	Baerman Gitta	TSV Bargteheide -Tri	00:13:17	7	00:47:05	8	01:00:22	8	00:27:29	12	01:27:52
11.	Petersen Doreen	TSV Westerland	00:15:51	11	00:53:40	13	01:09:32	13	00:24:50	9	01:34:22
12.	Austen Ingrid	Impalas Westküste	00:16:20	12	00:48:53	11	01:05:14	11	00:29:09	13	01:34:23
13.	Stübner Sonja	Impalas Westküste	00:16:50	14	00:51:29	12	01:08:20	12	00:27:19	11	01:35:39
14.	Fröhlich Silja	TSV Westerland	00:15:07	10	00:56:37	14	01:11:45	14	00:34:08	14	01:45:53

Herren

Kiel

Mannschaftswertung

1.	Bergermann	Stephan	TSV Bargteheide -Tri	00:10:41	4	00:34:44	1	00:45:25	1	00:16:28	1	01:01:54	1	
	Plambeck	Florian	TSV Bargteheide -Tri	00:10:31	3	00:37:56	8	00:48:27	2	00:17:38	4	01:06:06	2	
	Stahnke	Johann	TSV Bargteheide -Tri	00:10:56	8	00:37:39	7	00:48:35	3	00:17:42	5	01:06:17	3	
	Schleuß	Michael	TSV Bargteheide -Tri	00:13:59	55	00:38:37	15	00:52:36	32	00:20:56	44	01:13:32	34	40
	Daene	Lasse	TSV Bargteheide -Tri	00:10:20	2	00:50:20	73	01:00:41	67	00:19:35	26	01:20:17	56	
2.	De Lannoy	Marcel	Tri Endurance Germany	00:12:03	21	00:37:24	6	00:49:27	4	00:17:21	2	01:06:49	4	
	Polzin	Thomas	Tri Endurance Germany	00:13:36	47	00:36:01	2	00:49:38	9	00:18:08	7	01:07:46	7	
	Prahl	Christian	Tri Endurance Germany	00:12:11	23	00:37:58	10	00:50:10	12	00:18:25	12	01:08:35	10	
	Wachter	Christian	Tri Endurance Germany	00:13:32	45	00:39:08	22	00:52:40	34	00:19:36	27	01:12:16	28	49
	Wachter	Dennis	Tri Endurance Germany	00:13:21	41	00:38:53	20	00:52:15	25	00:20:11	33	01:12:26	29	
3.	Drosdowski	Andreas	LAV Husum	00:12:48	29	00:36:43	3	00:49:32	6	00:17:36	3	01:07:08	5	
	Nothbaar	Jan Hendrik	LAV Husum	00:11:46	13	00:38:26	14	00:50:12	13	00:19:02	21	01:09:15	13	
	Hansen	Jannek	LAV Husum	00:13:23	43	00:39:02	21	00:52:26	27	00:18:21	11	01:10:47	20	
	Oestergaard	Jesko	LAV Husum	00:12:54	30	00:39:40	29	00:52:34	31	00:18:26	13	01:11:01	21	59
	Bolz	Philipp	LAV Husum	00:13:17	39	00:43:17	56	00:56:34	49	00:22:06	58	01:18:40	48	
4.	Hansen	Nick	Borener SV	00:10:53	7	00:38:38	16	00:49:32	7	00:18:42	19	01:08:15	9	
	Schreiber	Torsten	Borener SV	00:12:16	26	00:38:41	17	00:50:58	18	00:18:59	20	01:09:57	15	
	van de Bergh	Marc	Borener SV	00:11:45	12	00:39:49	31	00:51:34	21	00:19:37	29	01:11:12	22	
	Marten	Thomas	Borener SV	00:13:38	49	00:40:24	34	00:54:03	39	00:20:35	38	01:14:38	39	85
	Gaasch	Bernd	Borener SV	00:14:26	59	00:43:08	55	00:57:34	59	00:19:13	23	01:16:48	44	
5.	Süßmann	Frederic	Team B&H Sports SC Itzehoe U 23	00:10:47	5	00:38:52	19	00:49:39	11	00:17:45	6	01:07:25	6	
	Eim	Nico	Team B&H Sports SC Itzehoe U 23	00:10:59	9	00:39:21	26	00:50:21	14	00:21:01	45	01:11:23	23	
	Voigt	Jakob	Team B&H Sports SC Itzehoe U 23	00:11:57	18	00:39:47	30	00:51:45	23	00:19:39	30	01:11:25	24	
	Jeworek	Pascal	Team B&H Sports SC Itzehoe U 23	00:12:02	20	00:40:34	35	00:52:36	33	00:21:12	47	01:13:49	35	88
	Petermann	René	Team B&H Sports SC Itzehoe U 23	00:11:54	15	00:40:58	41	00:52:53	36	00:23:01	68	01:15:55	42	
6.	Homrighausen	Jens	Triathlon Team Südtondern	00:12:54	31	00:38:17	11	00:51:11	20	00:18:19	10	01:09:31	14	
	Nahnsen	Rüdiger	Triathlon Team Südtondern	00:12:58	32	00:37:56	9	00:50:54	17	00:19:46	31	01:10:41	18	
	Nadolny	Dennis	Triathlon Team Südtondern	00:11:55	16	00:39:13	23	00:51:09	19	00:20:35	39	01:11:44	26	
	Petersen	Willi	Triathlon Team Südtondern	00:14:03	56	00:40:21	33	00:54:25	42	00:18:19	9	01:12:44	31	89
	Nahnsen	Björn	Triathlon Team Südtondern	00:14:35	60	00:39:49	32	00:54:25	41	00:18:28	15	01:12:53	33	
7.	Orthmann	Volker	Tri Team Neumünster	00:12:27	28	00:37:04	4	00:49:31	5	00:18:41	18	01:08:12	8	
	Meinert	Heiko	Tri Team Neumünster	00:13:09	36	00:38:25	13	00:51:35	22	00:18:34	17	01:10:09	16	
	Sachau	Lars	Tri Team Neumünster	00:12:09	22	00:41:02	42	00:53:11	37	00:19:29	25	01:12:41	30	
	Reich	Ronald	Tri Team Neumünster	00:11:57	17	00:40:52	40	00:52:50	35	00:21:25	49	01:14:15	38	92
7.	Grube	Marten	SG Wasserratten Norderstedt	00:10:50	6	00:39:32	28	00:50:23	15	00:18:28	16	01:08:52	11	
	Eggert	Philipp	SG Wasserratten Norderstedt	00:10:18	1	00:39:17	25	00:49:36	8	00:21:08	46	01:10:44	19	
	Neuefeind	Tarek	SG Wasserratten Norderstedt	00:11:40	11	00:40:46	39	00:52:26	28	00:19:06	22	01:11:32	25	
	Full	Steven	SG Wasserratten Norderstedt	00:11:59	19	00:40:35	37	00:52:34	30	00:21:28	52	01:14:03	37	92
	Maerker	Gunnar	SG Wasserratten Norderstedt	00:13:02	34	00:49:09	72	01:02:11	69	00:27:50	76	01:30:01	66	

Herren

Kiel

9.	Jaschik	Jannis	Tri Sport Lübeck	00:13:08	35	00:39:14	24	00:52:23	26	00:19:36	28	01:11:59	27
	Holtz	Nico	Tri Sport Lübeck	00:11:01	10	00:39:31	27	00:50:32	16	00:22:19	60	01:12:52	32
	Klotz	Tobias	Tri Sport Lübeck	00:11:52	14	00:44:13	64	00:56:05	47	00:19:53	32	01:15:59	43
	Brauer	Eik	Tri Sport Lübeck	00:17:57	73	00:41:51	45	00:59:48	66	00:20:14	34	01:20:03	55
	Röbke	Niels	Tri Sport Lübeck	00:15:43	64	00:47:08	69	01:02:51	70	00:22:38	63	01:25:30	63
10.	Groen	Frank	SG Trias Bad Schwartau/PSV Eutin	00:12:18	27	00:37:21	5	00:49:39	10	00:19:23	24	01:09:02	12
	Heidenreich	Markus	SG Trias Bad Schwartau/PSV Eutin	00:13:50	54	00:41:42	44	00:55:32	45	00:21:38	55	01:17:10	45
	Bahr	Andreas	SG Trias Bad Schwartau/PSV Eutin	00:14:10	58	00:43:04	54	00:57:15	55	00:21:35	54	01:18:51	50
	Libuda	Thorsten	SG Trias Bad Schwartau/PSV Eutin	00:15:35	63	00:43:58	62	00:59:34	65	00:22:25	61	01:22:00	58
	Zeller	David	SG Trias Bad Schwartau/PSV Eutin	00:13:35	46	00:45:39	67	00:59:14	63	00:23:33	71	01:22:48	60
11.	Wellpott	Thomas	SG Tantalus Kiel	00:13:42	52	00:38:18	12	00:52:00	24	00:18:26	14	01:10:27	17
	Hendrych	Ralf	SG Tantalus Kiel	00:15:09	61	00:42:17	51	00:57:27	57	00:20:25	36	01:17:53	47
	Ewering	Jens	SG Tantalus Kiel	00:16:05	67	00:41:23	43	00:57:29	58	00:21:28	51	01:18:58	51
	Kroll	Rafael	SG Tantalus Kiel	00:13:46	53	00:43:20	57	00:57:06	54	00:22:52	67	01:19:59	54
	Krause	Andreas	SG Tantalus Kiel	00:17:14	72	00:46:21	68	01:03:35	72	00:20:41	40	01:24:16	61
12.	Lührs	Jan	Eckernförder MTV	00:13:20	40	00:40:34	36	00:53:54	38	00:21:25	50	01:15:19	40
	Müller	Martin	Eckernförder MTV		0		0	00:56:56	53	00:20:49	41	01:17:46	46
	Müller	Egon	Eckernförder MTV	00:12:59	33	00:43:31	59	00:56:31	48	00:22:41	65	01:19:12	52
	Niebergall	Andreas	Eckernförder MTV	00:13:16	38	00:43:31	60	00:56:48	51	00:22:50	66	01:19:38	53
	Bauer	Henrik	Eckernförder MTV	00:19:27	74	00:45:19	66	01:04:46	74	00:20:21	35	01:25:08	62
13.	Zander	Malte	Team B&H Sports SC Itzehoe Ü23	00:13:41	51	00:42:09	49	00:55:50	46	00:18:10	8	01:14:00	36
	Krüger	Heiko	Team B&H Sports SC Itzehoe Ü23	00:13:14	37	00:43:39	61	00:56:54	52	00:21:47	56	01:18:42	49
	Pruter	Tim	Team B&H Sports SC Itzehoe Ü23		0		0	01:03:23	71	00:22:40	64	01:26:04	64
	Banasch	Bernd	Team B&H Sports SC Itzehoe Ü23	00:16:38	69	00:48:17	70	01:04:55	75	00:22:07	59	01:27:03	65
14.	Meyer	Ulrich	Impalas Westküste	00:13:26	44	00:40:45	38	00:54:11	40	00:21:24	48	01:15:36	41
	Lieb	Robert	Impalas Westküste	00:16:55	71	00:42:05	48	00:59:00	62	00:21:54	57	01:20:54	57
	Jegust	Thomas	Impalas Westküste	00:16:23	68	00:42:17	50	00:58:41	60	00:23:21	69	01:22:02	59
	Wiese	Daniel	Impalas Westküste	00:19:37	75	00:50:50	74	01:10:28	76	00:26:28	75	01:36:56	67

Herren

Kiel

Einzelwertung

1.	Bergermann	Stephan	TSV Bargteheide -Tri	00:10:41	4	00:34:44	1	00:45:25	1	00:16:28	1	01:01:54
2.	Plambeck	Florian	TSV Bargteheide -Tri	00:10:31	3	00:37:56	8	00:48:27	2	00:17:38	4	01:06:06
3.	Stahnke	Johann	TSV Bargteheide -Tri	00:10:56	8	00:37:39	7	00:48:35	3	00:17:42	5	01:06:17
4.	De Lannoy	Marcel	Tri Endurance Germany	00:12:03	21	00:37:24	6	00:49:27	4	00:17:21	2	01:06:49
5.	Drosdowski	Andreas	LAV Husum	00:12:48	29	00:36:43	3	00:49:32	6	00:17:36	3	01:07:08
6.	Süßmann	Frederic	Team B&H Sports SC Itzehoe U 23	00:10:47	5	00:38:52	19	00:49:39	11	00:17:45	6	01:07:25
7.	Polzin	Thomas	Tri Endurance Germany	00:13:36	47	00:36:01	2	00:49:38	9	00:18:08	7	01:07:46
8.	Orthmann	Volker	Tri Team Neumünster	00:12:27	28	00:37:04	4	00:49:31	5	00:18:41	18	01:08:12
9.	Hansen	Nick	Borener SV	00:10:53	7	00:38:38	16	00:49:32	7	00:18:42	19	01:08:15
10.	Prahl	Christian	Tri Endurance Germany	00:12:11	23	00:37:58	10	00:50:10	12	00:18:25	12	01:08:35
11.	Grube	Marten	SG Wasserratten Norderstedt	00:10:50	6	00:39:32	28	00:50:23	15	00:18:28	16	01:08:52
12.	Groen	Frank	SG Trias Bad Schwartau/PSV Eutin	00:12:18	27	00:37:21	5	00:49:39	10	00:19:23	24	01:09:02
13.	Nothbaar	Jan Hendrik	LAV Husum	00:11:46	13	00:38:26	14	00:50:12	13	00:19:02	21	01:09:15
14.	Homrighausen	Jens	Triathlon Team Südtondern	00:12:54	31	00:38:17	11	00:51:11	20	00:18:19	10	01:09:31
15.	Schreiber	Torsten	Borener SV	00:12:16	26	00:38:41	17	00:50:58	18	00:18:59	20	01:09:57
16.	Meinert	Heiko	Tri Team Neumünster	00:13:09	36	00:38:25	13	00:51:35	22	00:18:34	17	01:10:09
17.	Wellpott	Thomas	SG Tantalus Kiel	00:13:42	52	00:38:18	12	00:52:00	24	00:18:26	14	01:10:27
18.	Nahnsen	Rüdiger	Triathlon Team Südtondern	00:12:58	32	00:37:56	9	00:50:54	17	00:19:46	31	01:10:41
19.	Eggert	Philipp	SG Wasserratten Norderstedt	00:10:18	1	00:39:17	25	00:49:36	8	00:21:08	46	01:10:44
20.	Hansen	Jannek	LAV Husum	00:13:23	43	00:39:02	21	00:52:26	27	00:18:21	11	01:10:47
21.	Oestergaard	Jesko	LAV Husum	00:12:54	30	00:39:40	29	00:52:34	31	00:18:26	13	01:11:01
22.	van de Bergh	Marc	Borener SV	00:11:45	12	00:39:49	31	00:51:34	21	00:19:37	29	01:11:12
23.	Eim	Nico	Team B&H Sports SC Itzehoe U 23	00:10:59	9	00:39:21	26	00:50:21	14	00:21:01	45	01:11:23
24.	Voigt	Jakob	Team B&H Sports SC Itzehoe U 23	00:11:57	18	00:39:47	30	00:51:45	23	00:19:39	30	01:11:25
25.	Neuefeind	Tarek	SG Wasserratten Norderstedt	00:11:40	11	00:40:46	39	00:52:26	28	00:19:06	22	01:11:32
26.	Nadolny	Dennis	Triathlon Team Südtondern	00:11:55	16	00:39:13	23	00:51:09	19	00:20:35	39	01:11:44
27.	Jaschik	Jannis	Tri Sport Lübeck	00:13:08	35	00:39:14	24	00:52:23	26	00:19:36	28	01:11:59
28.	Wachter	Christian	Tri Endurance Germany	00:13:32	45	00:39:08	22	00:52:40	34	00:19:36	27	01:12:16
29.	Wachter	Dennis	Tri Endurance Germany	00:13:21	41	00:38:53	20	00:52:15	25	00:20:11	33	01:12:26
30.	Sachau	Lars	Tri Team Neumünster	00:12:09	22	00:41:02	42	00:53:11	37	00:19:29	25	01:12:41
31.	Petersen	Willi	Triathlon Team Südtondern	00:14:03	56	00:40:21	33	00:54:25	42	00:18:19	9	01:12:44
32.	Holtz	Nico	Tri Sport Lübeck	00:11:01	10	00:39:31	27	00:50:32	16	00:22:19	60	01:12:52
33.	Nahnsen	Björn	Triathlon Team Südtondern	00:14:35	60	00:39:49	32	00:54:25	41	00:18:28	15	01:12:53
34.	Schleuß	Michael	TSV Bargteheide -Tri	00:13:59	55	00:38:37	15	00:52:36	32	00:20:56	44	01:13:32
35.	Jeworek	Pascal	Team B&H Sports SC Itzehoe U 23	00:12:02	20	00:40:34	35	00:52:36	33	00:21:12	47	01:13:49
36.	Zander	Malte	Team B&H Sports SC Itzehoe Ü23	00:13:41	51	00:42:09	49	00:55:50	46	00:18:10	8	01:14:00
37.	Full	Steven	SG Wasserratten Norderstedt	00:11:59	19	00:40:35	37	00:52:34	30	00:21:28	52	01:14:03
38.	Reich	Ronald	Tri Team Neumünster	00:11:57	17	00:40:52	40	00:52:50	35	00:21:25	49	01:14:15
39.	Marten	Thomas	Borener SV	00:13:38	49	00:40:24	34	00:54:03	39	00:20:35	38	01:14:38

Herren

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40.	Lührs	Jan	Eckernförder MTV	00:13:20	40	00:40:34	36	00:53:54	38	00:21:25	50	01:15:19
41.	Meyer	Ulrich	Impalas Westküste	00:13:26	44	00:40:45	38	00:54:11	40	00:21:24	48	01:15:36
42.	Petermann	René	Team B&H Sports SC Itzehoe U 23	00:11:54	15	00:40:58	41	00:52:53	36	00:23:01	68	01:15:55
43.	Klotz	Tobias	Tri Sport Lübeck	00:11:52	14	00:44:13	64	00:56:05	47	00:19:53	32	01:15:59
44.	Gaasch	Bernd	Borener SV	00:14:26	59	00:43:08	55	00:57:34	59	00:19:13	23	01:16:48
45.	Heidenreich	Markus	SG Trias Bad Schwartau/PSV Eutin	00:13:50	54	00:41:42	44	00:55:32	45	00:21:38	55	01:17:10
46.	Müller	Martin	Eckernförder MTV		0		0	00:56:56	53	00:20:49	41	01:17:46
47.	Hendrych	Ralf	SG Tantalus Kiel	00:15:09	61	00:42:17	51	00:57:27	57	00:20:25	36	01:17:53
48.	Bolz	Philipp	LAV Husum	00:13:17	39	00:43:17	56	00:56:34	49	00:22:06	58	01:18:40
49.	Krüger	Heiko	Team B&H Sports SC Itzehoe Ü23	00:13:14	37	00:43:39	61	00:56:54	52	00:21:47	56	01:18:42
50.	Bahr	Andreas	SG Trias Bad Schwartau/PSV Eutin	00:14:10	58	00:43:04	54	00:57:15	55	00:21:35	54	01:18:51
51.	Ewering	Jens	SG Tantalus Kiel	00:16:05	67	00:41:23	43	00:57:29	58	00:21:28	51	01:18:58
52.	Müller	Egon	Eckernförder MTV	00:12:59	33	00:43:31	59	00:56:31	48	00:22:41	65	01:19:12
53.	Niebergall	Andreas	Eckernförder MTV	00:13:16	38	00:43:31	60	00:56:48	51	00:22:50	66	01:19:38
54.	Kroll	Rafael	SG Tantalus Kiel	00:13:46	53	00:43:20	57	00:57:06	54	00:22:52	67	01:19:59
55.	Brauer	Eik	Tri Sport Lübeck	00:17:57	73	00:41:51	45	00:59:48	66	00:20:14	34	01:20:03
56.	Daene	Lasse	TSV Bargtheide -Tri	00:10:20	2	00:50:20	73	01:00:41	67	00:19:35	26	01:20:17
57.	Lieb	Robert	Impalas Westküste	00:16:55	71	00:42:05	48	00:59:00	62	00:21:54	57	01:20:54
58.	Libuda	Thorsten	SG Trias Bad Schwartau/PSV Eutin	00:15:35	63	00:43:58	62	00:59:34	65	00:22:25	61	01:22:00
59.	Jegust	Thomas	Impalas Westküste	00:16:23	68	00:42:17	50	00:58:41	60	00:23:21	69	01:22:02
60.	Zeller	David	SG Trias Bad Schwartau/PSV Eutin	00:13:35	46	00:45:39	67	00:59:14	63	00:23:33	71	01:22:48
61.	Krause	Andreas	SG Tantalus Kiel	00:17:14	72	00:46:21	68	01:03:35	72	00:20:41	40	01:24:16
62.	Bauer	Henrik	Eckernförder MTV	00:19:27	74	00:45:19	66	01:04:46	74	00:20:21	35	01:25:08
63.	Röbke	Niels	Tri Sport Lübeck	00:15:43	64	00:47:08	69	01:02:51	70	00:22:38	63	01:25:30
64.	Pruter	Tim	Team B&H Sports SC Itzehoe Ü23		0		0	01:03:23	71	00:22:40	64	01:26:04
65.	Banasch	Bernd	Team B&H Sports SC Itzehoe Ü23	00:16:38	69	00:48:17	70	01:04:55	75	00:22:07	59	01:27:03
66.	Maerker	Gunnar	SG Wasserratten Norderstedt	00:13:02	34	00:49:09	72	01:02:11	69	00:27:50	76	01:30:01
67.	Wiese	Daniel	Impalas Westküste	00:19:37	75	00:50:50	74	01:10:28	76	00:26:28	75	01:36:56

Herren

Kiel

Nicht bei der Landesliga gewertete Teilnehmer

Rüter	Maximillian	00:13:39	50	00:38:49	18	00:52:28	29	00:21:34	53	01:14:02
Lüders	Tim	00:13:37	48	00:43:00	53	00:56:37	50	00:20:28	37	01:17:06
Radeleff	Merten	00:13:23	42	00:42:03	46	00:55:26	44	00:22:29	62	01:17:56
Bromberg	Normann	00:15:14	62	00:42:04	47	00:57:19	56	00:20:55	43	01:18:14
Fabig	Sigurd	00:12:14	25	00:42:29	52	00:54:44	43	00:24:42	74	01:19:27
Brammer	Jürgen	00:14:08	57	00:44:46	65	00:58:54	61	00:20:52	42	01:19:47
Nieprasch	René	00:15:53	66	00:43:28	58	00:59:22	64	00:23:53	73	01:23:15
Zabel	René	00:16:42	70	00:44:12	63	01:00:54	68	00:23:36	72	01:24:30
Bock	Dirk	00:15:48	65	00:48:39	71	01:04:27	73	00:23:25	70	01:27:53