

## Landesliga Ergebnisse Brunsbüttel 26.05.2013

### Frauen Mannschaften

<b>1.</b>	1 Poon	Marianne	85 SG Wasserratten Norderstedt	00:13:07	00:36:32	00:49:39	00:20:22	01:10:01	W AK 25
	2 Grube	Josefine	97 SG Wasserratten Norderstedt	---	---	---	---	01:10:16	W JA
<b>22</b>	19 Liber	Antonia	95 SG Wasserratten Norderstedt	00:12:29	00:39:07	00:51:36	00:24:30	01:16:06	W JUN
<b>1.</b>	6 Schreyer	Simone	66 TriAs Flensburg	00:13:34	00:37:33	00:51:07	00:20:51	01:11:58	W AK 45
	7 Iversen	Kristina	81 TriAs Flensburg	00:11:49	00:34:49	00:46:38	00:25:22	01:12:00	W AK 30
<b>22</b>	9 Sprenger	Christin	83 TriAs Flensburg	00:12:57	00:35:52	00:48:49	00:23:54	01:12:43	W AK 30
	15 Seliger	Anita	80 TriAs Flensburg	00:12:35	00:37:25	00:50:00	00:25:15	01:15:15	W AK 30
<b>3.</b>	3 Rathsack	Bente	79 Triathlon Team Südtondern	00:12:59	00:35:40	00:48:39	00:22:24	01:11:03	W AK 30
	5 Tams	Christiane	78 Triathlon Team Südtondern	00:13:37	00:35:52	00:49:29	00:22:26	01:11:55	W AK 35
<b>24</b>	16 Mattiesen	Levke	88 Triathlon Team Südtondern	00:13:46	00:36:19	00:50:05	00:25:14	01:15:19	W AK 25
	17 Kierspel	Silke	71 Triathlon Team Südtondern	00:14:37	00:35:55	00:50:32	00:24:55	01:15:27	W AK 40
<b>4.</b>	8 Lange	Nicola	63 SG TriDw-USC Kiel	00:12:31	00:36:00	00:48:31	00:23:53	01:12:24	W AK 50
	10 Lentfer	Janina	86 SG TriDw-USC Kiel	00:15:17	00:37:39	00:52:56	00:20:22	01:13:18	W AK 25
<b>30</b>	12 Bähr	Ulrike	69 SG TriDw-USC Kiel	00:13:02	00:38:26	00:51:28	00:22:27	01:13:55	W AK 40
	34 Petter	Ulla	62 SG TriDw-USC Kiel	00:17:05	00:42:57	01:00:02	00:27:54	01:27:56	W AK 50
<b>5.</b>	4 Dahl	Regina	78 Borener SV	00:14:38	00:36:17	00:50:55	00:20:56	01:11:51	W AK 35
	11 Will	Sina	86 Borener SV	00:14:17	00:37:10	00:51:27	00:21:53	01:13:20	W AK 25
<b>33</b>	18 Dembny	Frauke	64 Borener SV	00:17:10	00:35:02	00:52:12	00:23:45	01:15:57	W AK 45
	22 Brauer	Claudia	77 Borener SV	00:13:41	00:37:45	00:51:26	00:25:21	01:16:47	W AK 35
<b>6.</b>	13 Hollstein	Christina	87 Tri-Sport Lübeck	00:14:46	00:35:43	00:50:29	00:23:45	01:14:14	W AK 25
	20 Giesenberg	Kimberly	94 Tri-Sport Lübeck	00:13:32	00:36:55	00:50:27	00:25:50	01:16:17	W JUN
<b>58</b>	25 Kownatzki	Hannah	97 Tri-Sport Lübeck	00:11:18	00:37:22	00:48:40	00:28:17	01:16:57	W JA
<b>7.</b>	14 Nommensen	Lena	92 TriVelos Flensburg	00:12:52	---	---	---	01:14:59	W AK 20
	24 Weingardt	Yvonne	86 TriVelos Flensburg	00:13:00	00:38:46	00:51:46	00:25:09	01:16:55	W AK 25
<b>67</b>	29 Krag	Charlotte	70 TriVelos Flensburg	00:15:42	00:38:25	00:54:07	00:24:49	01:18:56	W AK 40
	32 Reimann	Karen Skov	65 TriVelos Flensburg	00:17:20	00:38:36	00:55:56	00:26:19	01:22:15	W AK 45

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<b>8.</b>	21 Radau	Chathrin	68 SC Itzehoe	00:14:37	00:39:02	00:53:39	00:22:59	01:16:38	W AK 45
	23 Sievers	Susanne	67 SC Itzehoe	00:14:57	00:36:01	00:50:58	00:25:52	01:16:50	W AK 45
	<b>70</b> 26 Kracht	Miriam	77 SC Itzehoe	00:15:35	00:37:28	00:53:03	00:24:46	01:17:49	W AK 35
	28 Stäcker	Ina	89 SC Itzehoe	00:15:18	00:39:51	00:55:09	00:23:44	01:18:53	W AK 20
<b>9.</b>	27 Blunk	Nicole	66 Tri Team Neumünster	00:14:36	00:39:56	00:54:32	00:24:17	01:18:49	W AK 45
	30 Wittenburg	Sabine	72 Tri Team Neumünster	00:13:42	00:40:04	00:53:46	00:25:54	01:19:40	W AK 40
	<b>88</b> 31 Dwinger	Ilka	70 Tri Team Neumünster	00:15:32	00:41:10	00:56:42	00:25:16	01:21:58	W AK 40
	33 Müller-Meernach	Eva	61 Tri Team Neumünster	00:17:43	00:41:23	00:59:06	00:24:25	01:23:31	W AK 50

### Frauen Einzel

1.	Poon	Marianne	85 SG Wasserratten Norderstedt	00:13:07	00:36:32	00:49:39	00:20:22	01:10:01	W AK 25
2.	Grube	Josefine	97 SG Wasserratten Norderstedt	---	---	---	---	01:10:16	W JA
3.	Rathsack	Bente	79 Triathlon Team Südtondern	00:12:59	00:35:40	00:48:39	00:22:24	01:11:03	W AK 30
4.	Dahl	Regina	78 Borener SV	00:14:38	00:36:17	00:50:55	00:20:56	01:11:51	W AK 35
5.	Tams	Christiane	78 Triathlon Team Südtondern	00:13:37	00:35:52	00:49:29	00:22:26	01:11:55	W AK 35
6.	Schreyer	Simone	66 TriAs Flensburg	00:13:34	00:37:33	00:51:07	00:20:51	01:11:58	W AK 45
7.	Iversen	Kristina	81 TriAs Flensburg	00:11:49	00:34:49	00:46:38	00:25:22	01:12:00	W AK 30
8.	Lange	Nicola	63 SG TriDw-USC Kiel	00:12:31	00:36:00	00:48:31	00:23:53	01:12:24	W AK 50
9.	Sprenger	Christin	83 TriAs Flensburg	00:12:57	00:35:52	00:48:49	00:23:54	01:12:43	W AK 30
10.	Lentfer	Janina	86 SG TriDw-USC Kiel	00:15:17	00:37:39	00:52:56	00:20:22	01:13:18	W AK 25
11.	Will	Sina	86 Borener SV	00:14:17	00:37:10	00:51:27	00:21:53	01:13:20	W AK 25
12.	Bähr	Ulrike	69 SG TriDw-USC Kiel	00:13:02	00:38:26	00:51:28	00:22:27	01:13:55	W AK 40
13.	Hollstein	Christina	87 Tri-Sport Lübeck	00:14:46	00:35:43	00:50:29	00:23:45	01:14:14	W AK 25
14.	Nommensen	Lena	92 TriVelos Flensburg	00:12:52	---	---	---	01:14:59	W AK 20
15.	Seliger	Anita	80 TriAs Flensburg	00:12:35	00:37:25	00:50:00	00:25:15	01:15:15	W AK 30
16.	Mattiesen	Levke	88 Triathlon Team Südtondern	00:13:46	00:36:19	00:50:05	00:25:14	01:15:19	W AK 25

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17.	Kierspel	Silke	71 Triathlon Team Südtondern	00:14:37	00:35:55	00:50:32	00:24:55	01:15:27	W AK 40
18.	Dembny	Frauke	64 Borener SV	00:17:10	00:35:02	00:52:12	00:23:45	01:15:57	W AK 45
19.	Liber	Antonia	95 SG Wasserratten Norderstedt	00:12:29	00:39:07	00:51:36	00:24:30	01:16:06	W JUN
20.	Giesenberg	Kimberly	94 Tri-Sport Lübeck	00:13:32	00:36:55	00:50:27	00:25:50	01:16:17	W JUN
21.	Radau	Chathrin	68 SC Itzehoe	00:14:37	00:39:02	00:53:39	00:22:59	01:16:38	W AK 45
22.	Brauer	Claudia	77 Borener SV	00:13:41	00:37:45	00:51:26	00:25:21	01:16:47	W AK 35
23.	Sievers	Susanne	67 SC Itzehoe	00:14:57	00:36:01	00:50:58	00:25:52	01:16:50	W AK 45
24.	Weingardt	Yvonne	86 TriVelos Flensburg	00:13:00	00:38:46	00:51:46	00:25:09	01:16:55	W AK 25
25.	Kownatzki	Hannah	97 Tri-Sport Lübeck	00:11:18	00:37:22	00:48:40	00:28:17	01:16:57	W JA
26.	Kracht	Miriam	77 SC Itzehoe	00:15:35	00:37:28	00:53:03	00:24:46	01:17:49	W AK 35
27.	Blunk	Nicole	66 Tri Team Neumünster	00:14:36	00:39:56	00:54:32	00:24:17	01:18:49	W AK 45
28.	Stäcker	Ina	89 SC Itzehoe	00:15:18	00:39:51	00:55:09	00:23:44	01:18:53	W AK 20
29.	Krag	Charlotte	70 TriVelos Flensburg	00:15:42	00:38:25	00:54:07	00:24:49	01:18:56	W AK 40
30.	Wittenburg	Sabine	72 Tri Team Neumünster	00:13:42	00:40:04	00:53:46	00:25:54	01:19:40	W AK 40
31.	Dwinger	Ilka	70 Tri Team Neumünster	00:15:32	00:41:10	00:56:42	00:25:16	01:21:58	W AK 40
32.	Reimann	Karen Skov	65 TriVelos Flensburg	00:17:20	00:38:36	00:55:56	00:26:19	01:22:15	W AK 45
33.	Müller-Meernach	Eva	61 Tri Team Neumünster	00:17:43	00:41:23	00:59:06	00:24:25	01:23:31	W AK 50
34.	Petter	Ulla	62 SG TriDw-USC Kiel	00:17:05	00:42:57	01:00:02	00:27:54	01:27:56	W AK 50

## Landesliga Ergebnisse Brunsbüttel 26.05.2013

### Männer Mannschaften

<b>1.</b>	1 Schönrock	Andreas	80 BKK Mobil Oil Ratzeburger SV	00:09:51	00:28:28	00:38:19	00:17:37	00:55:56	M AK 30
	4 Thyen	Oltmann	95 BKK Mobil Oil Ratzeburger SV	00:11:25	00:30:02	00:41:27	00:18:05	00:59:32	M JUN
	10 Sonnenburg	Tim	85 BKK Mobil Oil Ratzeburger SV	00:12:24	00:30:39	00:43:03	00:18:16	01:01:19	M AK 25
	<b>38</b> 23 Schönrock	Stephan	81 BKK Mobil Oil Ratzeburger SV	00:11:19	00:30:16	00:41:35	00:21:20	01:02:55	M AK 30
	41 Walther	Andreas	68 BKK Mobil Oil Ratzeburger SV	00:12:25	00:32:40	00:45:05	00:20:28	01:05:33	M AK 45
<b>2.</b>	3 Drosdowski	Andreas	71 LAV Husum	00:12:06	00:29:24	00:41:30	00:17:31	00:59:01	M AK 40
	5 Nothbaar	Jan Hendrik	91 LAV Husum	00:11:39	00:30:09	00:41:48	00:17:47	00:59:35	M AK 20
	12 Ollech	Julian	91 LAV Husum	00:11:00	00:33:01	00:44:01	00:17:34	01:01:35	M AK 20
	<b>44</b> 24 Pyza	Marcin	78 LAV Husum	00:12:44	00:31:41	00:44:25	00:18:35	01:03:00	M AK 35
	33 Hansen	Jannek	89 LAV Husum	00:12:46	00:32:31	00:45:17	00:18:34	01:03:51	M AK 20
<b>3.</b>	2 Süßmann	Frederic	92 SC Itzehoe U23	00:10:14	00:31:12	00:41:26	00:16:56	00:58:22	M AK 20
	14 Kopacz	Tim Ole	97 SC Itzehoe U23	00:11:05	00:32:07	00:43:12	00:18:35	01:01:47	M JA
	29 Eim	Nico	96 SC Itzehoe U23	00:10:49	00:32:50	00:43:39	00:19:56	01:03:35	M JA
	<b>82</b> 37 Petermann	René	92 SC Itzehoe U23	00:10:58	00:32:49	00:43:47	00:20:51	01:04:38	M AK 20
	45 Rüter	Maximalian	95 SC Itzehoe U23	00:12:24	00:32:01	00:44:25	00:21:39	01:06:04	M JUN
<b>4.</b>	7 Homrighausen	Jens	78 Triathlon Team Südtondern	00:12:27	00:30:08	00:42:35	00:17:56	01:00:31	M AK 35
	21 Petersen	Willi	70 Triathlon Team Südtondern	00:11:45	00:31:59	00:43:44	00:19:04	01:02:48	M AK 40
	27 Nahnsen	Rüdiger	71 Triathlon Team Südtondern	00:12:27	00:31:20	00:43:47	00:19:29	01:03:16	M AK 40
	<b>85</b> 30 Petersen	Dirk	69 Triathlon Team Südtondern	00:12:21	00:31:23	00:43:44	00:19:59	01:03:43	M AK 40
	31 Nadolny	Dennis	78 Triathlon Team Südtondern	00:11:39	00:32:21	00:44:00	00:19:45	01:03:45	M AK 35
<b>5.</b>	11 Groen	Frank	62 SG TRIAS Bad S./PSV Eutin	00:12:27	00:30:37	00:43:04	00:18:28	01:01:32	M AK 50
	15 Timpke	Dirk	71 SG TRIAS Bad S./PSV Eutin	00:11:34	00:31:32	00:43:06	00:18:44	01:01:50	M AK 40
	16 Birnmeyer	Stephan	69 SG TRIAS Bad S./PSV Eutin	00:12:10	00:30:53	00:43:03	00:18:50	01:01:53	M AK 40
	<b>99</b> 57 Heidenreich	Markus	67 SG TRIAS Bad S./PSV Eutin	00:13:53	00:34:46	00:48:39	00:21:08	01:09:47	M AK 45
	73 Hardrath	Markus	69 SG TRIAS Bad S./PSV Eutin	00:18:52	00:41:58	01:00:50	00:21:12	01:22:02	M AK 40

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<b>6.</b>	9 Brehm	Robert	77 TriAs Flensburg	00:11:25	00:30:17	00:41:42	00:18:57	01:00:39	M AK 35
	22 Köster	Jan	72 TriAs Flensburg	00:12:43	00:30:50	00:43:33	00:19:21	01:02:54	M AK 40
	32 Diller	Johannes	89 TriAs Flensburg	00:11:02	00:32:46	00:43:48	00:20:00	01:03:48	M AK 20
	<b>106</b> 43 Reiner	Bodo	64 TriAs Flensburg	00:12:54	00:33:36	00:46:30	00:19:08	01:05:38	M AK 45
	53 Bötcher	Matthias	72 TriAs Flensburg	00:14:38	00:33:42	00:48:20	00:20:08	01:08:28	M AK 40
<b>7.</b>	6 Tödloff	Sven	66 Tri Team Neumünster	00:12:01	00:29:29	00:41:30	00:18:18	00:59:48	M AK 45
	28 Meinert	Heiko	79 Tri Team Neumünster	00:12:44	00:32:00	00:44:44	00:18:47	01:03:31	M AK 30
	34 Almeida	Luis	65 Tri Team Neumünster	00:14:07	00:31:11	00:45:18	00:18:48	01:04:06	M AK 45
	<b>112</b> 44 Hass	Ulrich	73 Tri Team Neumünster	00:13:38	00:32:01	00:45:39	00:20:23	01:06:02	M AK 40
<b>8.</b>	18 Jaschik	Jannis	90 Tri-Sport Lübeck	00:12:19	00:31:01	00:43:20	00:18:55	01:02:15	M AK 20
	24 Stelzner	Jan Seiichi	86 Tri-Sport Lübeck	00:13:21	00:32:13	00:45:34	00:17:26	01:03:00	M AK 25
	39 Weber	Matthias	87 Tri-Sport Lübeck	00:13:43	00:32:17	00:46:00	00:18:43	01:04:43	M AK 25
	<b>131</b> 50 Klotz	Tobias	76 Tri-Sport Lübeck	00:11:50	00:36:14	00:48:04	00:19:36	01:07:40	M AK 35
	58 Brauer	Eik	78 Tri-Sport Lübeck	00:16:19	00:33:59	00:50:18	00:20:10	01:10:28	M AK 35
<b>9.</b>	13 Grube	Marten	95 SG Wasserratten Norderstedt	00:10:47	00:32:40	00:43:27	00:18:11	01:01:38	M JUN
	19 Eggert	Philipp	91 SG Wasserratten Norderstedt	00:09:48	00:32:26	00:42:14	00:20:05	01:02:19	M AK 20
	<b>152</b> 37 Unterbrink	Sören	84 SG Wasserratten Norderstedt	00:11:57	00:31:32	00:43:29	00:21:09	01:04:38	M AK 25
<b>10.</b>	8 Prahl	Christian	91 Tri Endurance Germany	00:11:11	00:31:31	00:42:42	00:17:54	01:00:36	M AK 20
	17 de Lannoy	Jean-Piere	89 Tri Endurance Germany	00:10:59	---	---	---	01:02:00	M AK 20
	63 Barthels	Sebastian	85 Tri Endurance Germany	00:13:40	00:34:45	00:48:25	00:24:20	01:12:45	M AK 25
	<b>155</b> 67 Foks	Benjamin	82 Tri Endurance Germany	00:17:23	00:34:41	00:52:04	00:22:37	01:14:41	M AK 30
	70 Janz	Bennet	96 Tri Endurance Germany	00:20:19	00:34:20	00:54:39	00:23:23	01:18:02	M JA
<b>11.</b>	26 Kirschke	Rene	72 Eckernförde MTV I.	00:10:10	00:33:44	00:43:54	00:19:17	01:03:11	M AK 40
	35 Rinkens	Nicola Werner	71 Eckernförde MTV I.	00:12:47	00:33:02	00:45:49	00:18:28	01:04:17	M AK 40
	51 Lührs	Jan	59 Eckernförde MTV I.	00:14:32	00:32:36	00:47:08	00:20:55	01:08:03	M AK 50
	<b>171</b> 59 Niebergall	Andreas	65 Eckernförde MTV I.	00:13:23	00:35:00	00:48:23	00:22:16	01:10:39	M AK 45

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<b>12.</b>	20 Schreiber	Torsten	79 Borener SV	00:11:21	00:31:29	00:42:50	00:19:37	01:02:27	M AK 30	
	47 Koch	Ingo	73 Borener SV	00:11:23	00:34:52	00:46:15	00:19:58	01:06:13	M AK 40	
	54 Gaasch	Bernd	62 Borener SV	00:14:59	00:34:52	00:49:51	00:18:48	01:08:39	M AK 50	
<b>177</b>	56 Brammer	Jürgen	60 Borener SV	00:12:05	00:36:28	00:48:33	00:21:10	01:09:43	M AK 50	
	61 Probst	Matthias	75 Borener SV	00:15:55	00:35:15	00:51:10	00:20:47	01:11:57	M AK 35	
<b>13.</b>	36 Sprenger	Oliver	80 TriVelos Flensburg	00:11:01	00:32:51	00:43:52	00:20:34	01:04:26	M AK 30	
	40 Paulsen	Nils	81 TriVelos Flensburg	00:10:57	00:33:36	00:44:33	00:20:16	01:04:49	M AK 30	
	48 Hansen	Stephan	91 TriVelos Flensburg	00:13:56	00:33:17	00:47:13	00:19:38	01:06:51	M AK 20	
	<b>186</b>	62 Knothe	Lass	72 TriVelos Flensburg	00:15:53	00:35:43	00:51:36	00:20:52	01:12:28	M AK 40
		72 Larsen	Bo	73 TriVelos Flensburg	00:14:34	00:38:47	00:53:21	00:25:39	01:19:00	M AK 40
<b>14.</b>	42 Dressel	Tobias	85 SC Itzehoe I.	00:12:45	00:34:44	00:47:29	00:18:05	01:05:34	M AK 25	
	46 Zander	Malte	80 SC Itzehoe I.	00:13:18	00:35:00	00:48:18	00:17:50	01:06:08	M AK 30	
	49 Lüders	Tim	91 SC Itzehoe I.	00:13:20	00:34:36	00:47:56	00:19:40	01:07:36	M AK 20	
	<b>197</b>	60 Sönksen	Henrik	93 SC Itzehoe I.	00:13:40	00:33:56	00:47:36	00:23:49	01:11:25	M AK 20
		<b>15.</b>	52 Radeleff	Merten	63 Eckernförde MTV II.	00:14:02	00:33:44	00:47:46	00:20:35	01:08:21
	64 Müller	Egon	56 Eckernförde MTV II.	00:13:23	00:36:33	00:49:56	00:23:18	01:13:14	M AK 55	
	68 Grotrian	Philipp	95 Eckernförde MTV II.	00:22:03	00:34:58	00:57:01	00:17:41	01:14:42	M JUN	
<b>253</b>	69 Schönknecht	Leon	96 Eckernförde MTV II.	00:14:34	00:37:54	00:52:28	00:23:26	01:15:54	M JA	
<b>16.</b>	55 Radau	Stefan	67 SC Itzehoe II.	00:14:27	00:33:53	00:48:20	00:20:51	01:09:11	M AK 45	
	65 Pacewicz	Markus	65 SC Itzehoe II.	00:13:57	00:38:06	00:52:03	00:21:26	01:13:29	M AK 45	
	66 Tietz	Björn	78 SC Itzehoe II.	00:14:43	00:39:23	00:54:06	00:19:34	01:13:40	M AK 35	
	<b>257</b>	71 Banasch-Warnke	Bernd	62 SC Itzehoe II.	00:16:49	00:39:20	00:56:09	00:22:33	01:18:42	M AK 50

## Landesliga Ergebnisse Brunsbüttel 26.05.2013

### Männer Einzel

1.	Schönrock	Andreas	80 BKK Mobil Oil Ratzeburger SV	00:09:51	00:28:28	00:38:19	00:17:37	00:55:56	M AK 30
2.	Süßmann	Frederic	92 SC Itzehoe U23	00:10:14	00:31:12	00:41:26	00:16:56	00:58:22	M AK 20
3.	Drosdowski	Andreas	71 LAV Husum	00:12:06	00:29:24	00:41:30	00:17:31	00:59:01	M AK 40
4.	Thyen	Oltmann	95 BKK Mobil Oil Ratzeburger SV	00:11:25	00:30:02	00:41:27	00:18:05	00:59:32	M JUN
5.	Nothbaar	Jan Hendrik	91 LAV Husum	00:11:39	00:30:09	00:41:48	00:17:47	00:59:35	M AK 20
6.	Tödloff	Sven	66 Tri Team Neumünster	00:12:01	00:29:29	00:41:30	00:18:18	00:59:48	M AK 45
7.	Homrighausen	Jens	78 Triathlon Team Südtondern	00:12:27	00:30:08	00:42:35	00:17:56	01:00:31	M AK 35
8.	Prahl	Christian	91 Tri Endurance Germany	00:11:11	00:31:31	00:42:42	00:17:54	01:00:36	M AK 20
9.	Brehm	Robert	77 TriAs Flensburg	00:11:25	00:30:17	00:41:42	00:18:57	01:00:39	M AK 35
10.	Sonnenburg	Tim	85 BKK Mobil Oil Ratzeburger SV	00:12:24	00:30:39	00:43:03	00:18:16	01:01:19	M AK 25
11.	Groen	Frank	62 SG TRIAS Bad S./PSV Eutin	00:12:27	00:30:37	00:43:04	00:18:28	01:01:32	M AK 50
12.	Ollech	Julian	91 LAV Husum	00:11:00	00:33:01	00:44:01	00:17:34	01:01:35	M AK 20
13.	Grube	Marten	95 SG Wasserratten Norderstedt	00:10:47	00:32:40	00:43:27	00:18:11	01:01:38	M JUN
14.	Kopacz	Tim Ole	97 SC Itzehoe U23	00:11:05	00:32:07	00:43:12	00:18:35	01:01:47	M JA
15.	Timpke	Dirk	71 SG TRIAS Bad S./PSV Eutin	00:11:34	00:31:32	00:43:06	00:18:44	01:01:50	M AK 40
16.	Birmeyer	Stephan	69 SG TRIAS Bad S./PSV Eutin	00:12:10	00:30:53	00:43:03	00:18:50	01:01:53	M AK 40
17.	de Lannoy	Jean-Piere	89 Tri Endurance Germany	00:10:59	---	---	---	01:02:00	M AK 20
18.	Jaschik	Jannis	90 Tri-Sport Lübeck	00:12:19	00:31:01	00:43:20	00:18:55	01:02:15	M AK 20
19.	Eggert	Philipp	91 SG Wasserratten Norderstedt	00:09:48	00:32:26	00:42:14	00:20:05	01:02:19	M AK 20
20.	Schreiber	Torsten	79 Borener SV	00:11:21	00:31:29	00:42:50	00:19:37	01:02:27	M AK 30
21.	Petersen	Willi	70 Triathlon Team Südtondern	00:11:45	00:31:59	00:43:44	00:19:04	01:02:48	M AK 40
22.	Köster	Jan	72 TriAs Flensburg	00:12:43	00:30:50	00:43:33	00:19:21	01:02:54	M AK 40
23.	Schönrock	Stephan	81 BKK Mobil Oil Ratzeburger SV	00:11:19	00:30:16	00:41:35	00:21:20	01:02:55	M AK 30
24.	Pyza	Marcin	78 LAV Husum	00:12:44	00:31:41	00:44:25	00:18:35	01:03:00	M AK 35
24.	Stelzner	Jan Seiichi	86 Tri-Sport Lübeck	00:13:21	00:32:13	00:45:34	00:17:26	01:03:00	M AK 25
26.	Kirschke	Rene	72 Eckernförde MTV I.	00:10:10	00:33:44	00:43:54	00:19:17	01:03:11	M AK 40

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27.	Nahnsen	Rüdiger	71 Triathlon Team Südtondern	00:12:27	00:31:20	00:43:47	00:19:29	01:03:16	M AK 40
28.	Meinert	Heiko	79 Tri Team Neumünster	00:12:44	00:32:00	00:44:44	00:18:47	01:03:31	M AK 30
29.	Ein	Nico	96 SC Itzehoe U23	00:10:49	00:32:50	00:43:39	00:19:56	01:03:35	M JA
30.	Petersen	Dirk	69 Triathlon Team Südtondern	00:12:21	00:31:23	00:43:44	00:19:59	01:03:43	M AK 40
31.	Nadolny	Dennis	78 Triathlon Team Südtondern	00:11:39	00:32:21	00:44:00	00:19:45	01:03:45	M AK 35
32.	Diller	Johannes	89 TriAs Flensburg	00:11:02	00:32:46	00:43:48	00:20:00	01:03:48	M AK 20
33.	Hansen	Jannek	89 LAV Husum	00:12:46	00:32:31	00:45:17	00:18:34	01:03:51	M AK 20
34.	Almeida	Luis	65 Tri Team Neumünster	00:14:07	00:31:11	00:45:18	00:18:48	01:04:06	M AK 45
35.	Rinkens	Nicola Werner	71 Eckernförde MTV I.	00:12:47	00:33:02	00:45:49	00:18:28	01:04:17	M AK 40
36.	Sprenger	Oliver	80 TriVelos Flensburg	00:11:01	00:32:51	00:43:52	00:20:34	01:04:26	M AK 30
37.	Petermann	René	92 SC Itzehoe U23	00:10:58	00:32:49	00:43:47	00:20:51	01:04:38	M AK 20
37.	Unterbrink	Sören	84 SG Wasserratten Norderstedt	00:11:57	00:31:32	00:43:29	00:21:09	01:04:38	M AK 25
39.	Weber	Matthias	87 Tri-Sport Lübeck	00:13:43	00:32:17	00:46:00	00:18:43	01:04:43	M AK 25
40.	Paulsen	Nils	81 TriVelos Flensburg	00:10:57	00:33:36	00:44:33	00:20:16	01:04:49	M AK 30
41.	Walther	Andreas	68 BKK Mobil Oil Ratzeburger SV	00:12:25	00:32:40	00:45:05	00:20:28	01:05:33	M AK 45
42.	Dressel	Tobias	85 SC Itzehoe I.	00:12:45	00:34:44	00:47:29	00:18:05	01:05:34	M AK 25
43.	Reiner	Bodo	64 TriAs Flensburg	00:12:54	00:33:36	00:46:30	00:19:08	01:05:38	M AK 45
44.	Hass	Ulrich	73 Tri Team Neumünster	00:13:38	00:32:01	00:45:39	00:20:23	01:06:02	M AK 40
45.	Rüter	Maximalian	95 SC Itzehoe U23	00:12:24	00:32:01	00:44:25	00:21:39	01:06:04	M JUN
46.	Zander	Malte	80 SC Itzehoe I.	00:13:18	00:35:00	00:48:18	00:17:50	01:06:08	M AK 30
47.	Koch	Ingo	73 Borener SV	00:11:23	00:34:52	00:46:15	00:19:58	01:06:13	M AK 40
48.	Hansen	Stephan	91 TriVelos Flensburg	00:13:56	00:33:17	00:47:13	00:19:38	01:06:51	M AK 20
49.	Lüders	Tim	91 SC Itzehoe I.	00:13:20	00:34:36	00:47:56	00:19:40	01:07:36	M AK 20
50.	Klotz	Tobias	76 Tri-Sport Lübeck	00:11:50	00:36:14	00:48:04	00:19:36	01:07:40	M AK 35
51.	Lühns	Jan	59 Eckernförde MTV I.	00:14:32	00:32:36	00:47:08	00:20:55	01:08:03	M AK 50
52.	Radeleff	Merten	63 Eckernförde MTV II.	00:14:02	00:33:44	00:47:46	00:20:35	01:08:21	M AK 50
53.	Bötcher	Matthias	72 TriAs Flensburg	00:14:38	00:33:42	00:48:20	00:20:08	01:08:28	M AK 40



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54.	Gaasch	Bernd	62 Borener SV	00:14:59	00:34:52	00:49:51	00:18:48	01:08:39	M AK 50
55.	Radau	Stefan	67 SC Itzehoe II.	00:14:27	00:33:53	00:48:20	00:20:51	01:09:11	M AK 45
56.	Brammer	Jürgen	60 Borener SV	00:12:05	00:36:28	00:48:33	00:21:10	01:09:43	M AK 50
57.	Heidenreich	Markus	67 SG TRIAS Bad S./PSV Eutin	00:13:53	00:34:46	00:48:39	00:21:08	01:09:47	M AK 45
58.	Brauer	Eik	78 Tri-Sport Lübeck	00:16:19	00:33:59	00:50:18	00:20:10	01:10:28	M AK 35
59.	Niebergall	Andreas	65 Eckernförde MTV I.	00:13:23	00:35:00	00:48:23	00:22:16	01:10:39	M AK 45
60.	Sönksen	Henrik	93 SC Itzehoe I.	00:13:40	00:33:56	00:47:36	00:23:49	01:11:25	M AK 20
61.	Probst	Matthias	75 Borener SV	00:15:55	00:35:15	00:51:10	00:20:47	01:11:57	M AK 35
62.	Knothe	Lass	72 TriVelos Flensburg	00:15:53	00:35:43	00:51:36	00:20:52	01:12:28	M AK 40
63.	Barthels	Sebastian	85 Tri Endurance Germany	00:13:40	00:34:45	00:48:25	00:24:20	01:12:45	M AK 25
64.	Müller	Egon	56 Eckernförde MTV II.	00:13:23	00:36:33	00:49:56	00:23:18	01:13:14	M AK 55
65.	Pacewicz	Markus	65 SC Itzehoe II.	00:13:57	00:38:06	00:52:03	00:21:26	01:13:29	M AK 45
66.	Tietz	Björn	78 SC Itzehoe II.	00:14:43	00:39:23	00:54:06	00:19:34	01:13:40	M AK 35
67.	Foks	Benjamin	82 Tri Endurance Germany	00:17:23	00:34:41	00:52:04	00:22:37	01:14:41	M AK 30
68.	Grotrian	Philipp	95 Eckernförde MTV II.	00:22:03	00:34:58	00:57:01	00:17:41	01:14:42	M JUN
69.	Schönknecht	Leon	96 Eckernförde MTV II.	00:14:34	00:37:54	00:52:28	00:23:26	01:15:54	M JA
70.	Janz	Bennet	96 Tri Endurance Germany	00:20:19	00:34:20	00:54:39	00:23:23	01:18:02	M JA
71.	Banasch-Warnke	Bernd	62 SC Itzehoe II.	00:16:49	00:39:20	00:56:09	00:22:33	01:18:42	M AK 50
72.	Larsen	Bo	73 TriVelos Flensburg	00:14:34	00:38:47	00:53:21	00:25:39	01:19:00	M AK 40
73.	Hardrath	Markus	69 SG TRIAS Bad S./PSV Eutin	00:18:52	00:41:58	01:00:50	00:21:12	01:22:02	M AK 40