

Landesliga SH Damen Geesthacht**Einzelwertung**

Pos	Gesamt	Name	Vorname	Jg.	Verein	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos
1	01:05:43	Winckler	Hanna	1987	TriAs Flensburg	00:11:47	00:33:47	00:45:35	00:20:07	01:05:43	1
2	01:07:35	Mick	Stina	1996	Team TSV Bargteheide Tri II	00:11:00	00:36:12	00:47:13	00:20:22	01:07:35	2
3	01:09:57	Syassen	Maike	1985	Tri-Sport Lübeck	00:12:15	00:35:11	00:47:27	00:22:30	01:09:57	3
4	01:10:53	Heil	Anja	1971	EMTV Eckernförde	00:11:31	00:37:25	00:48:56	00:21:57	01:10:53	4
5	01:10:54	Iversen	Kristina	1981	TriAs Flensburg	00:11:46	00:34:39	00:46:26	00:24:28	01:10:54	5
6	01:11:37	Bueschler	Victoria	1995	Team TSV Bargteheide Tri II	00:11:42	00:38:14	00:49:57	00:21:39	01:11:37	6
7	01:12:13	Janßen	Elena	1986	Tri-Sport Lübeck	00:13:21	00:38:25	00:51:46	00:20:26	01:12:13	7
8	01:13:25	Valett	Lynne	1998	Team TSV Bargteheide Tri II	00:12:05	00:37:51	00:49:57	00:23:27	01:13:25	8
9	01:14:09	Arndt	Susan	1979	TriAs Flensburg	00:13:48	00:36:14	00:50:02	00:24:06	01:14:09	9
10	01:15:01	Dahl	Regina	1978	Borener SV	00:14:57	00:38:37	00:53:34	00:21:26	01:15:01	10
11	01:15:17	Böhme	Mia	1997	SG Wasserratten Norderstedt	00:12:54	00:39:03	00:51:57	00:23:19	01:15:17	11
12	01:15:36	Kownatzki	Hannah	1997	Tri-Sport Lübeck	00:12:10	00:38:37	00:50:48	00:24:47	01:15:36	12
13	01:15:40	Carstensen	Kerrin	1988	Triathlon-Team Südtondern	00:13:32	00:37:24	00:50:57	00:24:42	01:15:40	13
14	01:15:51	Bähr	Ulrike	1969	SG USC Kiel - TriDW	00:14:24	00:37:57	00:52:22	00:23:28	01:15:51	14
15	01:16:12	Wiesmann	Britta	1964	SG Wasserratten Norderstedt	00:13:39	00:37:43	00:51:23	00:24:49	01:16:12	15
16	01:16:30	Seliger	Anita	1980	TriAs Flensburg	00:13:08	00:38:56	00:52:04	00:24:25	01:16:30	16
17	01:17:17	Valett	Jella	1998	Team TSV Bargteheide Tri II	00:11:53	00:39:20	00:51:14	00:26:03	01:17:17	17
18	01:18:19	Plöhn	Ilka	1976	SG USC Kiel - TriDW	00:15:28	00:40:47	00:56:15	00:22:03	01:18:19	18
19	01:18:39	Brauer	Claudia	1977	Borener SV	00:14:58	00:39:14	00:54:12	00:24:26	01:18:39	19
20	01:18:59	Matthiesen	Levke	1988	Triathlon-Team Südtondern	00:14:25	00:37:51	00:52:17	00:26:42	01:18:59	20
21	01:19:35	Blunk	Nicole	1966	Tri Team Neumünster	00:15:02	00:39:11	00:54:13	00:24:21	01:19:35	21
22	01:20:00	Hollstein	Christina	1987	Tri-Sport Lübeck	00:16:29	00:39:01	00:55:30	00:24:29	01:20:00	22
23	01:20:25	Oldehaver	Katja	1965	SG Wasserratten Norderstedt	00:15:41	00:41:08	00:56:50	00:23:35	01:20:25	23
24	01:20:46	Andresen	Inke	1965	Triathlon-Team Südtondern	00:17:05	00:40:05	00:57:11	00:22:35	01:20:46	24
25	01:22:02	Brückner	Anja	1967	EMTV Eckernförde	00:16:44	00:38:39	00:55:23	00:26:38	01:22:02	25
26	01:22:38	Dwinger	Ilka	1970	Tri Team Neumünster	00:16:47	00:40:41	00:57:28	00:25:09	01:22:38	26
27	01:22:56	Rathsack	Bente	1979	Triathlon-Team Südtondern	00:14:25	00:44:57	00:59:22	00:23:33	01:22:56	27
28	01:23:02	Wohlleben	Kendra	1990	EMTV Eckernförde	00:15:08	00:41:07	00:56:16	00:26:45	01:23:02	28
29	01:24:27	Deschka	Kim	1997	SG USC Kiel - TriDW					01:24:27	29
30	01:25:15	Kleine	Ronja	1998	EMTV Eckernförde	00:15:07	00:42:08	00:57:16	00:27:59	01:25:15	30

5.	01:10:53 Heil	Anja	1971	EMTV Eckernförde	00:11:31	00:37:25	00:48:56	00:21:57	01:10:53	4	57
	01:22:02 Brückner	Anja	1967	EMTV Eckernförde	00:16:44	00:38:39	00:55:23	00:26:38	01:22:02	25	
	01:23:02 Wohlleben	Kendra	1990	EMTV Eckernförde	00:15:08	00:41:07	00:56:16	00:26:45	01:23:02	28	
	01:25:15 Kleine	Ronja	1998	EMTV Eckernförde	00:15:07	00:42:08	00:57:16	00:27:59	01:25:15	30	
6.	01:15:40 Carstensen	Kerrin	1988	Triathlon-Team Südtondern	00:13:32	00:37:24	00:50:57	00:24:42	01:15:40	13	57
	01:18:59 Matthiesen	Levke	1988	Triathlon-Team Südtondern	00:14:25	00:37:51	00:52:17	00:26:42	01:18:59	20	
	01:20:46 Andresen	Inke	1965	Triathlon-Team Südtondern	00:17:05	00:40:05	00:57:11	00:22:35	01:20:46	24	
	01:22:56 Rathsack	Bente	1979	Triathlon-Team Südtondern	00:14:25	00:44:57	00:59:22	00:23:33	01:22:56	27	
7.	01:15:51 Bähr	Ulrike	1969	SG USC Kiel - TriDW	00:14:24	00:37:57	00:52:22	00:23:28	01:15:51	14	61
	01:18:19 Plöhn	Ilka	1976	SG USC Kiel - TriDW	00:15:28	00:40:47	00:56:15	00:22:03	01:18:19	18	
	01:24:27 Deschka	Kim	1997	SG USC Kiel - TriDW					01:24:27	29	
	01:37:22 Petter	Ulla	1962	SG USC Kiel - TriDW	00:19:10	00:47:19	01:06:29	00:30:52	01:37:22	36	
8.	01:15:01 Dahl	Regina	1978	Borener SV	00:14:57	00:38:37	00:53:34	00:21:26	01:15:01	10	62
	01:18:39 Brauer	Claudia	1977	Borener SV	00:14:58	00:39:14	00:54:12	00:24:26	01:18:39	19	
	01:26:55 Voß	Sabine	1972	Borener SV	00:17:13	00:40:44	00:57:57	00:28:57	01:26:55	33	
	01:30:42 Matzen	Bianca	1967	Borener SV	00:16:07	00:43:46	00:59:53	00:30:48	01:30:42	35	
9.	01:19:35 Blunk	Nicole	1966	Tri Team Neumünster	00:15:02	00:39:11	00:54:13	00:24:21	01:19:35	21	78
	01:22:38 Dwinger	Ilka	1970	Tri Team Neumünster	00:16:47	00:40:41	00:57:28	00:25:09	01:22:38	26	
	01:25:18 Wittenburg	Sabine	1972	Tri Team Neumünster	00:18:12	00:41:19	00:59:31	00:25:47	01:25:18	31	
	01:25:43 Müller-Meernach	Eva	1961	Tri Team Neumünster	00:18:32	00:41:32	01:00:05	00:25:38	01:25:43	32	

Landesliga SH Herren Geesthacht**Einzelwertung**

Pos	Gesamt	Name	Vorname	Jg.	Verein	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos
1	00:58:29	De Lannoy	Marcel	1990	TRI ENDURANCE GERMANY	00:11:27	00:30:54	00:42:21	00:16:07	00:58:29	1
2	00:59:49	De Lannoy	Jean-Pierre	1989	TRI ENDURANCE GERMANY	00:11:03	00:31:25	00:42:29	00:17:20	00:59:49	2
3	01:00:34	Hegge	Friedrich	1996	Tri-Sport Lübeck	00:10:23	00:32:44	00:43:07	00:17:26	01:00:34	3
4	01:02:15	Tödtloff	Sven	1966	Tri Team Neumünster	00:12:26	00:30:59	00:43:25	00:18:49	01:02:15	4
5	01:02:34	Stelzner	Jan	1986	Tri-Sport Lübeck	00:13:27	00:31:56	00:45:23	00:17:10	01:02:34	5
6	01:02:36	Gayer	Nils	1985	TRI ENDURANCE GERMANY	00:13:20	00:31:58	00:45:18	00:17:17	01:02:36	6
7	01:03:00	Wunderlich	Dirk	1982	TriAs Flensburg	00:13:34	00:30:51	00:44:26	00:18:34	01:03:00	7
8	01:03:09	Tomann	Daniel	1979	Tri-Sport Lübeck	00:12:36	00:33:16	00:45:53	00:17:16	01:03:09	8
9	01:03:28	Homrighausen	Jens	1978	Triathlon-Team Südtondern	00:12:55	00:31:36	00:44:31	00:18:57	01:03:28	9
10	01:03:38	Birmmeyer	Stephan	1969	SG TRIAS Bad Schwartau / PSV Eutin	00:11:54	00:32:51	00:44:46	00:18:51	01:03:38	10
11	01:04:07	Groen	Frank	1962	SG TRIAS Bad Schwartau / PSV Eutin	00:12:11	00:32:51	00:45:03	00:19:04	01:04:07	11
12	01:04:08	Eggert	Philipp	1991	SG Wasserratten Norderstedt	00:09:45	00:34:06	00:43:51	00:19:16	01:04:08	12
13	01:04:40	Sievers	Florian	1988	SC Itzehoe Team B&H Sports II	00:11:18	00:34:59	00:46:17	00:18:22	01:04:40	13
14	01:04:55	Stüfen	Max	1997	Team TSV Bargteheide Tri II	00:12:05	00:34:03	00:46:09	00:18:45	01:04:55	14
15	01:05:03	Timpke	Dirk	1971	SG TRIAS Bad Schwartau / PSV Eutin	00:12:13	00:33:05	00:45:19	00:18:44	01:05:03	15
16	01:05:04	Zelmer	Philipp	1995	SC Itzehoe Team B&H Sports II	00:11:47	00:34:27	00:46:15	00:18:49	01:05:04	16
17	01:05:10	Radau	Jakob	1998	SC Itzehoe Team B&H Sports II	00:11:44	00:34:32	00:46:17	00:18:53	01:05:10	17
18	01:05:14	Kelb	Jonas	1998	Team TSV Bargteheide Tri II	00:11:12	00:34:59	00:46:12	00:19:01	01:05:14	18
19	01:05:20	Rinkens	Nicola Werner	1971	EMTV Eckernförde I.	00:13:02	00:34:05	00:47:08	00:18:11	01:05:20	19
20	01:05:26	Böhme	Till	1994	SG Wasserratten Norderstedt	00:12:13	00:33:06	00:45:19	00:20:06	01:05:26	20
21	01:05:40	Rüter	Maximilian	1995	SC Itzehoe Team B&H Sports II	00:11:29	00:33:53	00:45:22	00:20:17	01:05:40	21
22	01:05:45	Almeida	Luis	1965	Tri Team Neumünster	00:15:03	00:32:22	00:47:26	00:18:19	01:05:45	22
23	01:05:58	Gäbler	Vinzent	1982	SG Wasserratten Norderstedt	00:12:37	00:34:30	00:47:07	00:18:51	01:05:58	23
24	01:06:05	Weber	Matthias	1987	Tri-Sport Lübeck	00:14:13	00:33:16	00:47:30	00:18:34	01:06:05	24
25	01:06:40	Böllke	Tobias	1994	Triathlon-Team Südtondern	00:12:59	00:32:30	00:45:30	00:21:10	01:06:40	25
26	01:06:43	Schott	Jonas	1997	Team TSV Bargteheide Tri II	00:10:24	00:34:31	00:44:55	00:21:48	01:06:43	26
27	01:06:52	Groth	Markus	1976	Triathlon Dänischer Wohld	00:13:51	00:33:55	00:47:47	00:19:04	01:06:52	27
28	01:06:53	Neuefeind	Tarek	1994	SG Wasserratten Norderstedt	00:12:13	00:35:33	00:47:47	00:19:05	01:06:53	28
29	01:07:03	Stöldt	Hendrik	1996	Team TSV Bargteheide Tri II	00:12:08	00:36:16	00:48:24	00:18:38	01:07:03	29
30	01:07:08	Friedrich	Jens	1972	EMTV Eckernförde I.	00:13:47	00:34:02	00:47:50	00:19:18	01:07:08	30

31	01:07:09	Schluricke	Sebastian	1980	TriAs Flensburg	00:13:44	00:34:03	00:47:48	00:19:20	01:07:09	31
32	01:07:10	Wilker	Sebastian	1984	USC Kiel	00:11:55	00:35:06	00:47:02	00:20:08	01:07:10	32
33	01:07:18	Kühle	Oliver	1970	EMTV Eckernförde I.	00:14:39	00:33:09	00:47:48	00:19:29	01:07:18	33
34	01:07:44	Theilken	Julius	1995	SC Itzehoe Team B&H Sports II	00:13:03	00:34:58	00:48:02	00:19:41	01:07:44	34
35	01:07:51	Reiner	Bodo	1964	TriAs Flensburg	00:12:44	00:35:35	00:48:19	00:19:31	01:07:51	35
36	01:08:00	Meinert	Heiko	1979	Tri Team Neumünster	00:14:00	00:33:38	00:47:38	00:20:21	01:08:00	36
37	01:08:11	Müller	Martin	1984	EMTV Eckernförde I.	00:14:42	00:33:33	00:48:16	00:19:55	01:08:11	37
38	01:08:49	Sönnichsen	Timo	1979	Triathlon-Team Südtondern	00:14:27	00:35:31	00:49:58	00:18:51	01:08:49	38
39	01:08:54	Köhn	Stefan	1966	USC Kiel	00:12:51	00:35:16	00:48:07	00:20:47	01:08:54	39
40	01:09:06	Gaasch	Bernd	1962	Borener SV	00:14:53	00:35:11	00:50:04	00:19:02	01:09:06	40
41	01:09:19	Schardin	Sven	1976	Tri-Sport Lübeck	00:16:23	00:35:44	00:52:08	00:17:11	01:09:19	41
42	01:10:02	Reimer	Gerd-Jan	1974	TriAs Flensburg	00:14:32	00:34:00	00:48:33	00:21:29	01:10:02	42
43	01:10:14	Heidenreich	Markus	1967	SG TRIAS Bad Schwartau / PSV Eutin	00:14:21	00:35:06	00:49:28	00:20:46	01:10:14	43
44	01:10:20	Probst	Matthias	1975	Borener SV	00:14:30	00:35:36	00:50:07	00:20:13	01:10:20	44
45	01:10:29	Böttcher	Matthias	1972	TriAs Flensburg	00:14:39	00:33:54	00:48:34	00:20:54	01:10:29	45
46	01:10:56	Grotrian	Philipp	1995	EMTV Eckernförde II.	00:15:44	00:38:03	00:53:48	00:17:07	01:10:56	46
47	01:11:16	Hoenack	Eric	1997	Triathlon-Team Südtondern	00:12:01	00:36:25	00:48:27	00:22:49	01:11:16	47
48	01:11:30	Foks	Benjamin	1982	TRI ENDURANCE GERMANY	00:15:19	00:35:06	00:50:26	00:21:03	01:11:30	48
49	01:11:35	Bromberg	Norman	1968	Borener SV	00:15:50	00:35:53	00:51:43	00:19:51	01:11:35	49
50	01:11:42	Reißner	Matthias	1982	Tri Team Neumünster	00:17:01	00:33:57	00:50:58	00:20:43	01:11:42	50
51	01:12:10	Bahr	Andreas	1972	SG TRIAS Bad Schwartau / PSV Eutin	00:14:43	00:36:41	00:51:25	00:20:44	01:12:10	51
52	01:12:38	Sanitz	Tilman	1965	SG Wasserratten Norderstedt	00:13:14	00:34:40	00:47:54	00:24:43	01:12:38	52
53	01:13:06	Niebergall	Andreas	1965	EMTV Eckernförde II.	00:13:29	00:36:57	00:50:27	00:22:38	01:13:06	53
54	01:13:11	Jepsen	Johannes Peter	1995	Triathlon-Team Südtondern	00:15:30	00:35:27	00:50:58	00:22:13	01:13:11	54
55	01:13:24	Schönknecht	Leon	1996	EMTV Eckernförde I.	00:14:39	00:37:14	00:51:53	00:21:30	01:13:24	55
56	01:13:33	Möller	Kai	1970	Triathlon Dänischer Wohld	00:16:30	00:36:28	00:52:59	00:20:34	01:13:33	56
57	01:14:00	Hill	Mario	1962	TRI ENDURANCE GERMANY	00:15:36	00:34:53	00:50:29	00:23:30	01:14:00	57
58	01:14:11	Guttman	Toni	1987	Borener SV	00:16:00	00:37:15	00:53:15	00:20:55	01:14:11	58
59	01:15:55	Müller	Egon	1956	EMTV Eckernförde II.	00:13:14	00:39:01	00:52:15	00:23:39	01:15:55	59
60	01:16:32	Blodau	Marco	1974	USC Kiel	00:16:34	00:36:23	00:52:58	00:23:34	01:16:32	60
61	01:18:06	Radeleff	Marc-Bennett	1997	EMTV Eckernförde II.	00:14:26	00:38:48	00:53:15	00:24:51	01:18:06	61
62	01:19:08	Jüptner	Michael	1990	USC Kiel	00:17:02	00:40:06	00:57:08	00:21:59	01:19:08	62
63	01:19:11	Andresen	Dirk	1965	Borener SV	00:17:33	00:38:35	00:56:08	00:23:02	01:19:11	63

64	01:19:15	Fietzek	Manfred	1949	EMTV Eckernförde II.	00:14:56	00:38:47	00:53:44	00:25:30	01:19:15	64	
65	01:20:58	Sassen	Ralph	1964	Triathlon Dänischer Wohld	00:17:15	00:38:21	00:55:37	00:25:21	01:20:58	65	
66	01:23:17	Frantzen	Kai	1979	Triathlon Dänischer Wohld	00:17:00	00:42:08	00:59:08	00:24:08	01:23:17	66	
67	01:23:21	Hempel	Thomas	1981	Triathlon Dänischer Wohld	00:16:38	00:40:23	00:57:01	00:25:20	01:23:21	67	
1.	01:00:34	Hegge	Friedrich	1996	Tri-Sport Lübeck	00:10:23	00:32:44	00:43:07	00:17:26	01:00:34	3	
	01:02:34	Stelzner	Jan	1986	Tri-Sport Lübeck	00:13:27	00:31:56	00:45:23	00:17:10	01:02:34	5	
	01:03:09	Tomann	Daniel	1979	Tri-Sport Lübeck	00:12:36	00:33:16	00:45:53	00:17:16	01:03:09	8	
	01:06:05	Weber	Matthias	1987	Tri-Sport Lübeck	00:14:13	00:33:16	00:47:30	00:18:34	01:06:05	24	40
	01:09:19	Schardin	Sven	1976	Tri-Sport Lübeck	00:16:23	00:35:44	00:52:08	00:17:11	01:09:19	41	
2.	00:58:29	De Lannoy	Marcel	1990	TRI ENDURANCE GERMANY	00:11:27	00:30:54	00:42:21	00:16:07	00:58:29	1	
	00:59:49	De Lannoy	Jean-Pierre	1989	TRI ENDURANCE GERMANY	00:11:03	00:31:25	00:42:29	00:17:20	00:59:49	2	
	01:02:36	Gayer	Nils	1985	TRI ENDURANCE GERMANY	00:13:20	00:31:58	00:45:18	00:17:17	01:02:36	6	
	01:11:30	Foks	Benjamin	1982	TRI ENDURANCE GERMANY	00:15:19	00:35:06	00:50:26	00:21:03	01:11:30	48	57
	01:14:00	Hill	Mario	1962	TRI ENDURANCE GERMANY	00:15:36	00:34:53	00:50:29	00:23:30	01:14:00	57	
3.	01:04:40	Sievers	Florian	1988	SC Itzehoe Team B&H Sports II	00:11:18	00:34:59	00:46:17	00:18:22	01:04:40	13	
	01:05:04	Zelmer	Philipp	1995	SC Itzehoe Team B&H Sports II	00:11:47	00:34:27	00:46:15	00:18:49	01:05:04	16	
	01:05:10	Radau	Jakob	1998	SC Itzehoe Team B&H Sports II	00:11:44	00:34:32	00:46:17	00:18:53	01:05:10	17	
	01:05:40	Rüter	Maximilian	1995	SC Itzehoe Team B&H Sports II	00:11:29	00:33:53	00:45:22	00:20:17	01:05:40	21	67
	01:07:44	Theilken	Julius	1995	SC Itzehoe Team B&H Sports II	00:13:03	00:34:58	00:48:02	00:19:41	01:07:44	34	
4.	01:03:38	Birmmeyer	Stephan	1969	SG TRIAS Bad Schwartau / PSV Eutin	00:11:54	00:32:51	00:44:46	00:18:51	01:03:38	10	
	01:04:07	Groen	Frank	1962	SG TRIAS Bad Schwartau / PSV Eutin	00:12:11	00:32:51	00:45:03	00:19:04	01:04:07	11	
	01:05:03	Timpke	Dirk	1971	SG TRIAS Bad Schwartau / PSV Eutin	00:12:13	00:33:05	00:45:19	00:18:44	01:05:03	15	
	01:10:14	Heidenreich	Markus	1967	SG TRIAS Bad Schwartau / PSV Eutin	00:14:21	00:35:06	00:49:28	00:20:46	01:10:14	43	79
	01:12:10	Bahr	Andreas	1972	SG TRIAS Bad Schwartau / PSV Eutin	00:14:43	00:36:41	00:51:25	00:20:44	01:12:10	51	

5.	01:04:08 Eggert	Philipp	1991	SG Wasserratten Norderstedt	00:09:45	00:34:06	00:43:51	00:19:16	01:04:08	12	83
	01:05:26 Böhme	Till	1994	SG Wasserratten Norderstedt	00:12:13	00:33:06	00:45:19	00:20:06	01:05:26	20	
	01:05:58 Gäbler	Vinzent	1982	SG Wasserratten Norderstedt	00:12:37	00:34:30	00:47:07	00:18:51	01:05:58	23	
	01:06:53 Neufeind	Tarek	1994	SG Wasserratten Norderstedt	00:12:13	00:35:33	00:47:47	00:19:05	01:06:53	28	
	01:12:38 Sanitz	Tilman	1965	SG Wasserratten Norderstedt	00:13:14	00:34:40	00:47:54	00:24:43	01:12:38	52	
6.	01:04:55 Stüfen	Max	1997	Team TSV Bargteheide Tri II	00:12:05	00:34:03	00:46:09	00:18:45	01:04:55	14	87
	01:05:14 Kelb	Jonas	1998	Team TSV Bargteheide Tri II	00:11:12	00:34:59	00:46:12	00:19:01	01:05:14	18	
	01:06:43 Schott	Jonas	1997	Team TSV Bargteheide Tri II	00:10:24	00:34:31	00:44:55	00:21:48	01:06:43	26	
	01:07:03 Stöldt	Hendrik	1996	Team TSV Bargteheide Tri II	00:12:08	00:36:16	00:48:24	00:18:38	01:07:03	29	
7.	01:02:15 Tödtloff	Sven	1966	Tri Team Neumünster	00:12:26	00:30:59	00:43:25	00:18:49	01:02:15	4	112
	01:05:45 Almeida	Luis	1965	Tri Team Neumünster	00:15:03	00:32:22	00:47:26	00:18:19	01:05:45	22	
	01:08:00 Meinert	Heiko	1979	Tri Team Neumünster	00:14:00	00:33:38	00:47:38	00:20:21	01:08:00	36	
	01:11:42 Reißner	Matthias	1982	Tri Team Neumünster	00:17:01	00:33:57	00:50:58	00:20:43	01:11:42	50	
8.	01:03:00 Wunderlich	Dirk	1982	TriAs Flensburg	00:13:34	00:30:51	00:44:26	00:18:34	01:03:00	7	115
	01:07:09 Schluricke	Sebastian	1980	TriAs Flensburg	00:13:44	00:34:03	00:47:48	00:19:20	01:07:09	31	
	01:07:51 Reiner	Bodo	1964	TriAs Flensburg	00:12:44	00:35:35	00:48:19	00:19:31	01:07:51	35	
	01:10:02 Reimer	Gerd-Jan	1974	TriAs Flensburg	00:14:32	00:34:00	00:48:33	00:21:29	01:10:02	42	
	01:10:29 Böttcher	Matthias	1972	TriAs Flensburg	00:14:39	00:33:54	00:48:34	00:20:54	01:10:29	45	
9.	01:03:28 Homrighausen	Jens	1978	Triathlon-Team Südtondern	00:12:55	00:31:36	00:44:31	00:18:57	01:03:28	9	119
	01:06:40 Böllke	Tobias	1994	Triathlon-Team Südtondern	00:12:59	00:32:30	00:45:30	00:21:10	01:06:40	25	
	01:08:49 Sönnichsen	Timo	1979	Triathlon-Team Südtondern	00:14:27	00:35:31	00:49:58	00:18:51	01:08:49	38	
	01:11:16 Hoenack	Eric	1997	Triathlon-Team Südtondern	00:12:01	00:36:25	00:48:27	00:22:49	01:11:16	47	
	01:13:11 Jepsen	Johannes Peter	1995	Triathlon-Team Südtondern	00:15:30	00:35:27	00:50:58	00:22:13	01:13:11	54	
9.	01:05:20 Rinkens	Nicola Werner	1971	EMTV Eckernförde I.	00:13:02	00:34:05	00:47:08	00:18:11	01:05:20	19	119
	01:07:08 Friedrich	Jens	1972	EMTV Eckernförde I.	00:13:47	00:34:02	00:47:50	00:19:18	01:07:08	30	
	01:07:18 Kühle	Oliver	1970	EMTV Eckernförde I.	00:14:39	00:33:09	00:47:48	00:19:29	01:07:18	33	
	01:08:11 Müller	Martin	1984	EMTV Eckernförde I.	00:14:42	00:33:33	00:48:16	00:19:55	01:08:11	37	
	01:13:24 Schönknecht	Leon	1996	EMTV Eckernförde I.	00:14:39	00:37:14	00:51:53	00:21:30	01:13:24	55	

11.	01:09:06 Gaasch	Bernd	1962	Borener SV	00:14:53	00:35:11	00:50:04	00:19:02	01:09:06	40	191
	01:10:20 Probst	Matthias	1975	Borener SV	00:14:30	00:35:36	00:50:07	00:20:13	01:10:20	44	
	01:11:35 Bromberg	Norman	1968	Borener SV	00:15:50	00:35:53	00:51:43	00:19:51	01:11:35	49	
	01:14:11 Guttmann	Toni	1987	Borener SV	00:16:00	00:37:15	00:53:15	00:20:55	01:14:11	58	
	01:19:11 Andresen	Dirk	1965	Borener SV	00:17:33	00:38:35	00:56:08	00:23:02	01:19:11	63	
12.	01:07:10 Wilker	Sebastian	1984	USC Kiel	00:11:55	00:35:06	00:47:02	00:20:08	01:07:10	32	193
	01:08:54 Köhn	Stefan	1966	USC Kiel	00:12:51	00:35:16	00:48:07	00:20:47	01:08:54	39	
	01:16:32 Blodau	Marco	1974	USC Kiel	00:16:34	00:36:23	00:52:58	00:23:34	01:16:32	60	
	01:19:08 Jüptner	Michael	1990	USC Kiel	00:17:02	00:40:06	00:57:08	00:21:59	01:19:08	62	
13.	01:06:52 Groth	Markus	1976	Triathlon Dänischer Wohld	00:13:51	00:33:55	00:47:47	00:19:04	01:06:52	27	214
	01:13:33 Möller	Kai	1970	Triathlon Dänischer Wohld	00:16:30	00:36:28	00:52:59	00:20:34	01:13:33	56	
	01:20:58 Sassen	Ralph	1964	Triathlon Dänischer Wohld	00:17:15	00:38:21	00:55:37	00:25:21	01:20:58	65	
	01:23:17 Frantzen	Kai	1979	Triathlon Dänischer Wohld	00:17:00	00:42:08	00:59:08	00:24:08	01:23:17	66	
	01:23:21 Hempel	Thomas	1981	Triathlon Dänischer Wohld	00:16:38	00:40:23	00:57:01	00:25:20	01:23:21	67	
14.	01:10:56 Grotrian	Philipp	1995	EMTV Eckernförde II.	00:15:44	00:38:03	00:53:48	00:17:07	01:10:56	46	219
	01:13:06 Niebergall	Andreas	1965	EMTV Eckernförde II.	00:13:29	00:36:57	00:50:27	00:22:38	01:13:06	53	
	01:15:55 Müller	Egon	1956	EMTV Eckernförde II.	00:13:14	00:39:01	00:52:15	00:23:39	01:15:55	59	
	01:18:06 Radeleff	Marc-Bennett	1997	EMTV Eckernförde II.	00:14:26	00:38:48	00:53:15	00:24:51	01:18:06	61	
	01:19:15 Fietzek	Manfred	1949	EMTV Eckernförde II.	00:14:56	00:38:47	00:53:44	00:25:30	01:19:15	64	