



SNR	Name	Jg.	Zeit	SWIM	T1	BIKE	T2	RUN	
1. Hannover 96 I		1:10:14 Std.							
1000	FORßMANN Raja	2002	1:10:13	12:20	1:17	34:36	1:10	20:52	
1001	POLTE Dorothee	1987	1:10:13	12:22	1:17	34:40	1:06	20:51	
1002	* SCHOLZ Greta Mathilda	2003	1:10:14	12:20	1:17	34:41	1:06	20:52	
999	BREMER Julia	1997	1:13:11	12:23	1:17	34:38	1:07	23:49	
2. FC St. Pauli Regionalliga Deerns		1:10:51 Std.							
996	LÜTZEN Lea	2000	1:10:51	13:10	1:56	33:00	1:32	21:14	
995	BECKER Kaya	1992	1:10:51	13:10	1:59	33:03	1:27	21:14	
997	* KLING Meike	1993	1:10:51	13:25	1:46	33:00	1:28	21:15	
998	MCPHERSON Rebecca	1991	1:11:56	13:25	1:45	33:00	1:29	22:19	
3. USC Kiel		1:12:05 Std.							
1026	STOLTENBERG Solveig	1997	1:12:05	12:34	1:13	34:52	1:20	22:08	
1023	DOHSE Sarah	2001	1:12:05	12:33	1:13	34:50	1:23	22:09	
1024	* WILKAT Theresa	1997	1:12:05	12:34	1:15	34:51	1:20	22:07	
1025	HEIL Finja	2000	1:13:32	12:33	1:15	34:49	1:22	23:34	
4. Heikotel Tri Team Hamburg e.V.		1:12:14 Std.							
1005	PFEIFFER Leonie	2004	1:12:13	13:21	1:30	34:00	1:21	22:03	
1006	KALTHOFF Lena	1987	1:12:14	13:22	1:26	34:05	1:19	22:03	
1004	* AHRENDT Sophie	1997	1:12:14	13:24	1:28	34:02	1:19	22:02	
1007	RUFF Anne	1994	1:12:42	13:23	1:28	34:05	1:19	22:30	
5. Triathlon Team Hamburg		1:13:15 Std.							
1013	MÜLLER Carolin	1996	1:13:15	13:22	1:21	34:44	1:22	22:27	
1012	GASTL Stefanie	1986	1:13:15	13:25	1:17	34:44	1:24	22:27	
1011	* FEMERLING Lisa	1993	1:13:15	13:24	1:20	34:40	1:25	22:28	
6. Kaifu Tri Team Damen I		1:13:26 Std.							
1010	JEGMINAT Vera Sophie	1993	1:13:26	12:18	5:23	33:10	1:31	21:06	
1008	DREYER Julia	1993	1:13:26	12:15	5:26	33:09	1:30	21:07	
1009	* FRÄHMCKE Nathalie Andrea	1996	1:13:26	16:14	1:28	33:07	1:33	21:06	
7. 1. TCO Die Bärinnen 1		1:15:03 Std.							
990	EICHHOLZ Helen	2000	1:15:02	12:35	1:52	35:02	1:22	24:14	
988	MEINECKE Kristeen	1999	1:15:03	12:16	2:13	35:04	1:18	24:14	
987	* BONSACK Rieke	1997	1:15:03	12:15	2:13	35:03	1:21	24:13	
8. ASC Tria-Ladies Göttingen		1:16:51 Std.							
992	BUDDE Dana Lena	1993	1:16:51	14:56	3:04	34:48	1:52	22:12	
991	BURCHARDT Karina	1993	1:16:51	14:07	3:55	34:46	1:53	22:13	
993	* SPRENGER Amy	2001	1:16:51	14:07	3:54	34:44	1:56	22:12	
9. Triathlon Team Südtondern		1:16:58 Std.							
1017	LÜTZEN Imke	1999	1:16:58	15:23	2:04	35:01	1:30	23:02	
1015	BEST Victoria	1988	1:16:58	15:23	2:03	35:04	1:26	23:04	
1018	* HEMSEN Inga	1991	1:16:58	15:27	2:00	35:08	1:22	23:03	
1016	LÜTZEN-JUNGE Jutta	1968	1:18:14	15:27	2:03	35:03	1:25	24:18	
10. TriSport Holstein		1:20:06 Std.							
1021	SANDAU Andrea	2005	1:20:05	12:03	1:31	37:48	1:29	27:17	
1022	STOCKRAHM Celine	2001	1:20:05	12:02	1:32	37:45	1:31	27:17	
1019	* BRÜNNING Smilla Liv	2005	1:20:06	12:02	1:33	37:45	1:32	27:16	



SNR	Name	Jg.	Zeit	SWIM	T1	BIKE	T2	RUN
1. Team TSV Bargteheide Triathlon			0:58:33 Std.					
950	RAEDER Leon	2005	58:32	10:15	1:12	28:46	0:58	17:23
949	NISSEN Oliver	2003	58:33	10:16	1:10	28:46	0:59	17:24
951	STÜFEN Lukas	1999	58:33	10:18	1:10	28:44	0:59	17:24
952	* ULKA Lukas	2003	58:33	10:20	1:09	28:46	0:56	17:24
948	FITSCHEN Lasse	2002	59:55	10:16	1:09	28:45	1:00	18:46
2. USC Kiel #richtigBock			1:00:42 Std.					
981	UNFUG Henrik	1995	1:00:41	11:09	1:22	29:37	1:06	17:29
982	DAHLKEMPER Lars	1991	1:00:41	11:08	1:25	29:38	1:05	17:28
980	TIMME Hauke	1990	1:00:41	10:57	1:38	29:35	1:05	17:29
978	* SCHÄFER Tobias	1984	1:00:42	11:06	1:26	29:36	1:05	17:30
3. Hansemondial Tri Team Hamburg			1:01:14 Std.					
933	HASSE Julien	2000	1:00:55	10:57	1:14	29:32	1:12	18:02
934	HUBER Alexander	1988	1:01:14	10:58	1:15	29:28	1:15	18:20
936	STRUNCK David	1995	1:01:14	11:02				
935	* POLOVIC Dejan	1987	1:01:14	10:57	1:15	29:30	1:13	18:21
1003	FRENZ Kjon	2002	1:01:56	10:56	1:14	29:33	1:12	19:04
4. Hannover 96 II			1:02:18 Std.					
929	GÜNTHER Jakob	1986	1:02:18	11:21	1:41	30:00	1:26	17:53
932	WARNECKE Tino	1994	1:02:18	11:16	1:45	30:04	1:25	17:50
930	PIATCZYK Lukas	1994	1:02:18	11:16	1:42	30:09	1:23	17:51
928	* HESKE Justin	2001	1:02:18	11:17	1:44	30:05	1:22	17:52
931	SCHATZ Sören	1991	1:02:55	11:48	1:16	29:59	1:27	18:26
5. Triathlon Team Braunschweig			1:04:02 Std.					
1159	FRANZKI Jonas	1998	1:03:59	11:47	1:19	30:47	1:18	18:50
1161	WOLTER Lars	1998	1:04:01	11:46	1:18	30:49	1:20	18:51
1158	ELFERS Jannick	2004	1:04:01	11:48	1:20	30:45	1:18	18:52
1162	* WULKOPF Lukas	1999	1:04:02	11:46	1:21	30:44	1:21	18:52
1160	BLOSS Erik	1996	1:05:20	11:48	1:17	30:44	1:22	20:11
6. VODIES Athletico Büdelsdorf			1:04:38 Std.					
983	BUCK Pascal	1992	1:04:37	11:29	1:35	30:48	1:23	19:24
985	PREUSSER Timo	1990	1:04:38	11:31	1:37	30:44	1:24	19:23
986	RATH Domenik	1986	1:04:38	11:44	1:22	30:45	1:25	19:24
984	* JOHANNSEN Leif	1997	1:04:38	11:44	1:20	30:45	1:27	19:23
7. 1. TCO "Die Bären"			1:04:58 Std.					
915	PILATUS Julius	1994	1:04:58	13:19	1:09	30:27	1:15	18:50
916	POTTEBAUM Mathis	1981	1:04:58	12:46	1:39	30:27	1:19	18:49
917	ROSENAU Erik	2001	1:04:58	12:51	1:36	30:33	1:10	18:51
913	* ARLINGHAUS Michel	2002	1:04:58	13:14	1:10	30:24	1:21	18:52
8. ASC Tri Team Göttingen			1:05:02 Std.					
918	HOGH-HOLUB Benno	2005	1:05:01	11:59	1:40	31:15	1:35	18:33
922	WITTE Mirko	1979	1:05:01	11:56	1:46	31:13	1:34	18:34
920	SCHÜLER Philipp	1971	1:05:01	11:57	1:43	31:22	1:28	18:32
921	* SCHRÖDER Christoph	1995	1:05:02	11:58	1:44	31:14	1:34	18:33
919	KRACHT Kim	1985	1:07:55	11:43	2:01	31:10	1:38	21:25

25. Vierlanden-Triathlon 2022

Ergebnisliste Mannschaftswertung Regionalliga Männer



SNR	Name	Jg.	Zeit	SWIM	T1	BIKE	T2	RUN
9. Triabolos Hamburg		1:05:06 Std.						
956	WEGNER Johann	1992	1:05:06	12:14	1:18	30:51	1:24	19:21
957	WETZEL Sebastian	1983	1:05:06	12:15	1:18	30:45	1:29	19:20
953	BOYLE Peter (NZL)	1986	1:05:06	12:16	1:14	30:51	1:27	19:20
954	* HÖFELER Thormen	1992	1:05:06	12:11	1:23	30:46	1:28	19:21
10. Triathlon Team Südtondern		1:06:05 Std.						
1165	JEPSEN Johannes Peter	1995	1:05:39	12:57	1:57	29:53	1:28	19:27
1166	JOHANNSEN Finn	1987	1:05:40	13:02	1:49	29:55	1:33	19:23
1163	HAAS Benjamin	1988	1:05:40	12:56	1:53	29:52	1:32	19:29
1164	* HOMRIGHAUSEN Jens	1978	1:06:05	12:54	1:54	29:56	1:28	19:55
11. SG KMH		1:06:11 Std.						
938	FRANKE Benjamin	1989	1:06:09	13:22	1:25	31:07	2:08	18:09
942	SEITLER Niklas	1995	1:06:10	13:21	1:26	31:06	2:10	18:09
939	GAYER Sören	1988	1:06:11	12:59	1:48	31:05	2:10	18:11
941	* LATINI Simone (ITA)	1989	1:06:11	12:59	1:50	31:06	2:08	18:10
12. TriSport Holstein		1:06:24 Std.						
972	WILLER Maximilian	1991	1:06:22	12:47	1:19	30:06	1:28	20:44
971	STØRLING Morten Falk (DEN)	1987	1:06:24	12:48	1:21	30:02	1:31	20:45
970	SCHÖNROCK Andras	1980	1:06:24	12:42	1:25	30:04	1:28	20:46
968	* MARTENSEN Lars	1997	1:06:24	12:41	1:23	30:07	1:30	20:44
13. Stader SV Team		1:06:46 Std.						
944	EVERSEN Jeroen	2000	1:06:45	14:00	1:32	31:21	1:07	18:46
947	WINTER Jonas	2000	1:06:45	14:03	1:34	31:16	1:07	18:48
946	SIMON Paul	2001	1:06:45	14:00	1:35	31:18	1:07	18:47
943	* ELFERS Julian	1994	1:06:46	14:02	1:32	31:18	1:09	18:47
945	LUU Phu Daniel	1991	1:10:11	14:03	1:29	31:19	1:11	22:12
14. FC St. Pauli Triathlon Herren		1:08:15 Std.						
925	PEIN Josh	1990	1:08:08	14:22	1:46	31:02	2:12	18:49
927	SPRENGER Tom	1996	1:08:10	14:03	1:59	31:05	2:14	18:50
923	IERAUS Thomas (ESP)	1989	1:08:10	13:08	2:55	31:02	2:15	18:51
924	* DETHLEFS Arne	1984	1:08:15	14:22	1:36	31:05	2:16	18:57
926	RUMPELT Jonas	1997	1:08:45	13:48	2:08	31:08	2:15	19:27

Anzahl: 63;

* = gewertet;

Z = Zeitstrafe

25. Vierlanden-Triathlon 2022

Ergebnisliste Mannschaftswertung Regionalliga Frauen



SNR	Name	Jg.	Zeit	SWIM	T1	BIKE	T2	RUN
-----	------	-----	------	------	----	------	----	-----

Anzahl: 35;

* = gewertet;

Z = Zeitstrafe