

28. swb-Silbersee-Triathlon

vorl. Ergebnisliste m/w - Triathlon Regionalliga-Nord (TRL)

Pl.	AK	SNR	Name	Verein	OVER	SWIM T1	BIKE T2	RUN TRANS	Zeitstr
Triathlon Regionalliga-Nord (TRL)									
W									
1.	1. Juniorin	76	Lilly-Marie	1. TCO Die Bären	02:01:45	00:21:31 (1.) 01:44 (1.)	00:58:44 (3.) 00:45 (1.)	00:38:58 (1.) 02:30 (1.)	
2.	1. W 25	77	Charlotte Friedrich	1. TCO Die Bären	02:05:28	00:23:13 (4.) 01:57 (4.)	00:59:14 (6.) 00:53 (4.)	00:40:08 (2.) 02:51 (3.)	
3.	1. W 30	78	Ann Gela Ukena	1. TCO Die Bären	02:09:49	00:24:35 (11.) 01:51 (2.)	00:57:27 (2.) 01:22 (21.)	00:44:32 (9.) 03:14 (11.)	
4.	2. W 30	103	Elena Berndt	USC Kiel	02:10:22	00:23:30 (6.) 02:01 (6.)	01:00:59 (10.) 01:04 (13.)	00:42:46 (4.) 03:06 (5.)	
5.	1. W 20	96	Celine Stockrahm	Tri Sport Holstein by GHN	02:10:45	00:22:29 (2.) 01:57 (3.)	01:01:43 (13.) 01:01 (11.)	00:43:33 (6.) 02:59 (4.)	
6.	3. W 30	104	Charlotte	USC Kiel	02:11:10	00:27:21 (17.) 02:09 (11.)	00:56:32 (1.) 01:37 (25.)	00:43:29 (5.) 03:47 (21.)	
7.	4. W 30	83	Naima Diesner	ASC Göttingen von 1846 e.V.	02:13:36	00:27:15 (15.) 02:04 (8.)	01:01:29 (12.) 01:01 (10.)	00:41:44 (3.) 03:06 (6.)	
8.	1. W 40	95	Léana Helbig	Kaifu Tri Team e. V.	02:13:51	00:23:45 (9.) 02:12 (14.)	01:01:12 (11.) 01:18 (18.)	00:45:20 (12.) 03:31 (16.)	
9.	1. W 35	85	Nele Siegmeyer	SG Athletico Büdelsdorf	02:14:36	00:26:03 (13.) 02:38 (24.)	00:58:48 (5.) 01:32 (24.)	00:45:33 (14.) 04:11 (24.)	
10.	2. W 20	87	Fenja Dibbern	SG Athletico Büdelsdorf	02:14:37	00:22:54 (3.) 01:58 (5.)	01:04:04 (19.) 00:45 (2.)	00:44:54 (10.) 02:43 (2.)	
11.	2. W 25	102	Eva Zimmermann	Triathlon Club Bremen	02:15:23	00:23:42 (8.) 02:06 (9.)	01:00:11 (8.) 01:03 (12.)	00:48:20 (19.) 03:10 (9.)	
12.	5. W 30	88	Ariane Heller	Heikotel Tri Team Hamburg	02:16:16	00:26:05 (14.) 02:15 (16.)	00:58:47 (4.) 00:59 (8.)	00:48:09 (17.) 03:14 (12.)	
13.	3. W 20	84	Paula Günther	SG Athletico Büdelsdorf	02:17:02	00:23:35 (7.) 02:11 (12.)	01:00:22 (9.) 00:58 (7.)	00:49:55 (21.) 03:09 (7.)	
14.	3. W 25	106	Solveig	USC Kiel	02:19:02	00:23:28 (5.) 02:02 (7.)	01:08:18 (24.) 01:06 (15.)	00:44:06 (8.) 03:09 (8.)	
15.	4. W 25	80	Nelly von Limont	ASC Göttingen von 1846 e.V.	02:19:51	00:27:21 (18.) 02:11 (13.)	01:02:35 (16.) 01:15 (16.)	00:46:26 (15.) 03:27 (15.)	
16.	5. W 25	91	Sophie Ahrendt	Heikotel Tri Team Hamburg	02:19:54	00:27:16 (16.) 02:15 (15.)	01:03:40 (18.) 01:28 (23.)	00:45:13 (11.) 03:43 (19.)	
17.	6. W 25	93	Nathalie Andrea	Kaifu Tri Team e. V.	02:20:29	00:30:32 (22.) 02:08 (10.)	01:02:44 (17.) 01:05 (14.)	00:43:58 (7.) 03:14 (10.)	
18.	1. W 55	79	Britta Hinrich	1. TCO Die Bären	02:21:07	00:24:41 (12.) 02:27 (19.)	01:02:33 (15.) 01:18 (17.)	00:50:06 (22.) 03:45 (20.)	
19.	4. W 20	81	Jia-Ming Shi	ASC Göttingen von 1846 e.V.	02:22:37	00:23:48 (10.) 02:30 (20.)	01:04:43 (21.) 00:51 (3.)	00:50:42 (23.) 03:21 (13.)	
20.	6. W 30	99	Katrin Junge	Triathlon Club Bremen	02:23:32	00:28:01 (20.) 02:32 (21.)	01:02:24 (14.) 01:25 (22.)	00:49:08 (20.) 03:57 (22.)	
21.	7. W 30	94	Vera Sophie	Kaifu Tri Team e. V.	02:23:54	00:27:24 (19.) 02:22 (18.)	01:05:39 (22.) 01:00 (9.)	00:47:27 (16.) 03:22 (14.)	
22.	2. W 35	101	Linda Neddermann	Triathlon Club Bremen	02:25:56	00:30:34 (24.) 02:34 (22.)	01:06:18 (23.) 00:57 (6.)	00:45:31 (13.) 03:32 (17.)	
23.	1. W 45	86	Stefanie	SG Athletico Büdelsdorf	02:26:00	00:30:32 (23.) 02:21 (17.)	00:59:49 (7.) 01:43 (26.)	00:51:34 (24.) 04:05 (23.)	
24.	2. W 40	90	Vanessa	Heikotel Tri Team Hamburg	02:27:10	00:29:54 (21.) 02:53 (25.)	01:04:42 (20.) 01:20 (20.)	00:48:20 (18.) 04:13 (25.)	
25.	5. W 20	97	Janne Glage	Tri Sport Holstein by GHN	03:17:55	00:39:48 (26.) 02:36 (23.)	01:22:44 (25.) 00:57 (5.)	01:11:49 (25.) 03:33 (18.)	
26.	2. Juniorin	98	Johanna Rentzow	Tri Sport Holstein by GHN	03:23:35	00:31:07 (25.) 04:19 (26.)	01:23:23 (26.) 01:19 (19.)	01:23:25 (26.) 05:39 (26.)	

28. swb-Silbersee-Triathlon

vorl. Ergebnisliste m/w - Triathlon Regionalliga-Nord (TRL)

Pl.	AK	SNR	Name	Verein	OVER	SWIM T1	BIKE T2	RUN TRANS	Zeitstr
Triathlon Regionalliga-Nord (TRL)									
m									
1.	1. M 25	2	Jesse Hinrichs	1. TCO "Die Bären"	01:45:34	00:19:03 (3.) 01:38 (2.)	00:48:36 (1.) 01:01 (36.)	00:35:13 (7.) 02:40 (13.)	
2.	2. M 25	24	Niklas Dellke	Tri Team Hamburg	01:47:29	00:18:58 (1.) 01:41 (4.)	00:50:45 (9.) 00:58 (34.)	00:35:05 (6.) 02:39 (12.)	
3.	1. M 20	25	Fabian Voß	Tri Team Hamburg	01:49:41	00:19:05 (4.) 01:38 (3.)	00:52:37 (19.) 00:43 (6.)	00:35:36 (10.) 02:22 (2.)	
4.	1. M 30	68	Fabian Günther	Triathlöwen Bremen e.V.	01:49:59	00:19:03 (2.) 01:45 (9.)	00:50:43 (8.) 00:48 (14.)	00:37:38 (21.) 02:33 (6.)	
5.	3. M 25	35	Leif Johannsen	SG TriTeam Mittelholstein	01:49:59	00:19:41 (5.) 01:52 (20.)	00:49:35 (2.) 00:47 (13.)	00:38:02 (28.) 02:40 (14.)	
6.	2. M 30	70	Niklas Günther	Triathlöwen Bremen e.V.	01:50:54	00:21:23 (20.) 01:57 (36.)	00:52:14 (17.) 00:50 (18.)	00:34:28 (1.) 02:48 (22.)	
7.	4. M 25	18	Tino Warnecke	Hannover 96 Triathlon	01:50:57	00:19:50 (8.) 02:05 (48.)	00:51:06 (10.) 01:03 (38.)	00:36:51 (14.) 03:09 (42.)	
8.	5. M 25	28	Finn von	SG KMH	01:51:56	00:20:26 (11.) 02:03 (45.)	00:50:33 (7.) 01:08 (46.)	00:37:43 (23.) 03:11 (47.)	
9.	3. M 30	21	Markus Rühlmann	Tri Team Hamburg	01:52:11	00:21:47 (27.) 01:45 (10.)	00:51:58 (14.) 00:45 (9.)	00:35:54 (11.) 02:30 (5.)	
10.	2. M 20	44	Lukas Stüfen	TSV Bargteheide Triathlon	01:52:20	00:20:19 (9.) 01:38 (1.)	00:53:04 (23.) 00:43 (4.)	00:36:34 (13.) 02:21 (1.)	
11.	1. M 35	27	Fritz Ferner	SG KMH	01:52:31	00:24:42 (56.) 02:14 (57.)	00:49:35 (3.) 00:56 (31.)	00:35:02 (5.) 03:10 (46.)	
12.	4. M 30	33	Jean Surmont	SG TriTeam Mittelholstein	01:53:01	00:23:12 (35.) 02:03 (44.)	00:51:12 (11.) 00:58 (35.)	00:35:34 (9.) 03:02 (37.)	
13.	3. M 20	42	Oliver Nissen	TSV Bargteheide Triathlon	01:53:15	00:20:33 (15.) 01:43 (7.)	00:54:37 (32.) 00:52 (23.)	00:35:28 (8.) 02:36 (10.)	
14.	6. M 25	23	David Strunck	Tri Team Hamburg	01:53:22	00:20:46 (18.) 01:52 (21.)	00:51:38 (13.) 00:56 (32.)	00:38:08 (30.) 02:49 (23.)	
15.	5. M 30	22	Hauke Heller	Tri Team Hamburg	01:53:46	00:19:45 (7.) 01:47 (13.)	00:54:17 (30.) 00:47 (11.)	00:37:09 (16.) 02:34 (9.)	
16.	1. M 40	69	Marc Putzke	Triathlöwen Bremen e.V.	01:53:58	00:22:05 (31.) 01:53 (23.)	00:53:38 (25.) 01:21 (62.)	00:34:59 (4.) 03:15 (50.)	
17.	7. M 25	5	Julius Pilatus	1. TCO "Die Bären"	01:54:07	00:23:35 (44.) 01:44 (8.)	00:50:09 (4.) 00:45 (7.)	00:37:52 (25.) 02:29 (3.)	
18.	6. M 30	19	Tobias Haase	Hannover 96 Triathlon	01:54:40	00:21:24 (23.) 01:55 (26.)	00:52:39 (20.) 01:18 (60.)	00:37:23 (18.) 03:13 (48.)	
19.	4. M 20	8	Luca Schüler	ASC Göttingen	01:54:55	00:21:01 (19.) 02:01 (42.)	00:51:36 (12.) 01:05 (40.)	00:39:10 (36.) 03:07 (41.)	
20.	2. M 35	61	Benjamin Haas	Triathlon-Team Südtondern	01:54:59	00:22:42 (33.) 02:34 (65.)	00:50:11 (5.) 01:06 (43.)	00:38:24 (33.) 03:41 (62.)	
21.	8. M 25	36	Julian Elfers	Stader SV	01:55:03	00:21:51 (30.) 01:53 (24.)	00:55:42 (44.) 00:40 (1.)	00:34:55 (3.) 02:34 (8.)	
22.	5. M 20	34	Leif Wichmann	SG TriTeam Mittelholstein	01:55:26	00:23:20 (39.) 01:56 (30.)	00:50:16 (6.) 00:47 (10.)	00:39:05 (35.) 02:43 (18.)	
23.	9. M 25	52	Sven Zabel	Triathlon Club Bremen	01:55:33	00:23:14 (36.) 01:47 (12.)	00:52:32 (18.) 00:55 (29.)	00:37:03 (15.) 02:43 (17.)	
24.	6. M 20	4	Erik Rosenau	1. TCO "Die Bären"	01:55:53	00:21:24 (22.) 01:51 (17.)	00:53:40 (26.) 01:12 (54.)	00:37:43 (22.) 03:04 (38.)	
25.	7. M 30	16	Sören Schatz	Hannover 96 Triathlon	01:56:18	00:22:45 (34.) 01:53 (22.)	00:52:13 (16.) 01:06 (44.)	00:38:19 (32.) 02:59 (33.)	
26.	7. M 20	71	Leif-Erik Finck	TriVelos Flensburg	01:57:10	00:23:15 (37.) 02:05 (49.)	00:53:01 (22.) 00:54 (27.)	00:37:53 (26.) 03:00 (34.)	
27.	10. M 25	6	Christoph	ASC Göttingen	01:57:51	00:21:47 (26.) 01:57 (32.)	00:55:42 (43.) 01:06 (42.)	00:37:18 (17.) 03:04 (39.)	
28.	8. M 30	26	Simone Latini	SG KMH	01:57:57	00:23:54 (49.) 02:01 (40.)	00:55:59 (46.) 01:09 (49.)	00:34:53 (2.) 03:10 (45.)	

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Pl.	AK	SNR	Name	Verein	OVER	SWIM T1	BIKE T2	RUN TRANS	Zeitstr
Triathlon Regionalliga-Nord (TRL)									
29.	11.	M 25	43	Jonas Schott	TSV Bargteheide Triathlon	01:58:18	00:20:23 (10.) 01:50 (16.)	00:54:22 (31.) 00:43 (5.)	00:40:57 (60.) 02:34 (7.)
30.	8.	M 20	45	Lukas Ulka	TSV Bargteheide Triathlon	01:58:25	00:20:32 (14.) 01:43 (6.)	00:55:05 (36.) 01:03 (37.)	00:40:00 (51.) 02:46 (19.)
31.	9.	M 30	56	Marvin Paulus	Triathlon Team Hamburg	01:58:56	00:21:51 (29.) 02:04 (47.)	00:53:41 (27.) 01:20 (61.)	00:39:58 (50.) 03:25 (57.)
32.	9.	M 20	41	Lasse Fitschen	TSV Bargteheide Triathlon	01:59:33	00:19:42 (6.) 01:41 (5.)	00:58:05 (62.) 00:49 (17.)	00:39:15 (37.) 02:30 (4.)
33.	3.	M 35	20	Tobias Bengfort	Hannover 96 Triathlon	01:59:42	00:24:35 (53.) 01:51 (19.)	00:54:48 (35.) 00:58 (33.)	00:37:27 (19.) 02:50 (24.)
34.	2.	M 40	48	Sebastian Wetzel	Triabolos Triathlon Hamburg e.V.	01:59:53	00:23:33 (43.) 01:54 (25.)	00:54:01 (29.) 01:06 (41.)	00:39:17 (38.) 03:00 (35.)
35.	10.	M 30	63	Dag Christian	Triathlon-Team Südtondern	02:00:15	00:20:36 (16.) 02:18 (62.)	00:55:41 (42.) 00:51 (21.)	00:40:47 (58.) 03:10 (44.)
36.	10.	M 20	59	Jannik Uhlenbrock	Triathlon Team Hamburg	02:00:19	00:23:47 (48.) 02:20 (63.)	00:53:49 (28.) 00:49 (15.)	00:39:32 (42.) 03:09 (43.)
37.	12.	M 25	60	Alexander Graf	Triathlon Team Hamburg	02:00:50	00:24:37 (54.) 02:05 (50.)	00:54:38 (33.) 01:23 (64.)	00:38:04 (29.) 03:29 (58.)
38.	3.	M 40	66	Daniel Lang	Triathlöwen Bremen e.V.	02:00:51	00:23:30 (42.) 02:02 (43.)	00:55:39 (41.) 01:29 (68.)	00:38:09 (31.) 03:32 (60.)
39.	13.	M 25	29	Niklas Seidler	SG KMH	02:00:59	00:20:26 (12.) 01:55 (27.)	00:57:06 (56.) 01:22 (63.)	00:40:07 (53.) 03:18 (52.)
40.	1.	M 45	3	Jan Feth	1. TCO "Die Bären"	02:01:27	00:25:31 (61.) 02:15 (59.)	00:53:28 (24.) 01:09 (50.)	00:39:02 (34.) 03:25 (56.)
41.	14.	M 25	17	Marvin Föhse	Hannover 96 Triathlon	02:01:30	00:23:25 (41.) 01:56 (31.)	00:55:07 (38.) 00:51 (19.)	00:40:09 (54.) 02:48 (21.)
42.	11.	M 30	32	Timo Preusser	SG TriTeam Mittelholstein	02:01:51	00:23:18 (38.) 01:48 (14.)	00:55:46 (45.) 01:08 (45.)	00:39:49 (46.) 02:56 (31.)
43.	4.	M 35	15	Angel Rodriguez	FC St. Pauli Triathlon	02:02:21	00:21:38 (24.) 02:38 (67.)	00:59:18 (66.) 01:10 (53.)	00:37:34 (20.) 03:49 (65.)
44.	15.	M 25	31	Marc De Vries	SG TriTeam Mittelholstein	02:02:28	00:24:31 (50.) 01:46 (11.)	00:52:09 (15.) 01:10 (52.)	00:42:51 (65.) 02:56 (32.)
45.	12.	M 30	46	Thormen Höfeler	Triabolos Triathlon Hamburg e.V.	02:02:32	00:23:23 (40.) 01:55 (29.)	00:56:24 (49.) 00:51 (22.)	00:39:57 (49.) 02:47 (20.)
46.	1.	M 50	7	Philipp Schüler	ASC Göttingen	02:02:51	00:21:23 (21.) 02:07 (55.)	00:57:20 (59.) 01:16 (58.)	00:40:42 (57.) 03:24 (54.)
47.	4.	M 40	73	Andreas	TriVelos Flensburg	02:02:55	00:20:30 (13.) 02:06 (52.)	00:52:45 (21.) 01:34 (71.)	00:45:57 (70.) 03:41 (63.)
48.	13.	M 30	49	Jan-Hendrik	Triabolos Triathlon Hamburg e.V.	02:03:18	00:24:33 (52.) 01:55 (28.)	00:56:17 (48.) 01:10 (51.)	00:39:21 (40.) 03:06 (40.)
49.	14.	M 30	50	Hinnerk Meyer	Triabolos Triathlon Hamburg e.V.	02:03:19	00:23:43 (45.) 02:14 (56.)	00:56:32 (50.) 01:30 (70.)	00:39:19 (39.) 03:45 (64.)
50.	5.	M 35	13	Philipp Elias	FC St. Pauli Triathlon	02:03:23	00:25:39 (63.) 02:15 (60.)	00:56:13 (47.) 01:24 (66.)	00:37:51 (24.) 03:39 (61.)
51.	2.	M 45	47	Etienne Junot	Triabolos Triathlon Hamburg e.V.	02:03:43	00:25:37 (62.) 01:57 (37.)	00:55:26 (40.) 00:55 (30.)	00:39:44 (45.) 02:53 (28.)
52.	15.	M 30	54	Matthias von	Triathlon Club Bremen	02:03:51	00:24:43 (57.) 01:57 (33.)	00:56:33 (51.) 00:53 (24.)	00:39:42 (44.) 02:50 (25.)
53.	6.	M 35	74	Torge Surkus	TriVelos Flensburg	02:04:03	00:25:41 (64.) 02:15 (58.)	00:58:17 (63.) 01:14 (57.)	00:36:34 (12.) 03:29 (59.)
54.	7.	M 35	38	Morten Tiedemann	Stader SV	02:04:07	00:24:33 (51.) 01:51 (18.)	00:56:58 (55.) 00:45 (8.)	00:39:57 (48.) 02:37 (11.)
55.	11.	M 20	39	Jeroen Eversen	Stader SV	02:04:41	00:21:49 (28.) 01:57 (34.)	00:59:27 (68.) 00:54 (25.)	00:40:33 (55.) 02:51 (26.)
56.	16.	M 30	30	Philipp Ranke	SG KMH	02:05:28	00:26:56 (66.) 02:01 (41.)	00:54:41 (34.) 00:54 (28.)	00:40:53 (59.) 02:56 (30.)
57.	8.	M 35	1	Udo Schwientek	1. TCO "Die Bären"	02:05:44	00:23:47 (47.) 02:00 (38.)	00:56:46 (53.) 00:51 (20.)	00:42:19 (64.) 02:51 (27.)

28. swb-Silbersee-Triathlon

vorl. Ergebnisliste m/w - Triathlon Regionalliga-Nord (TRL)

Pl.	AK	SNR	Name	Verein	OVER	SWIM T1	BIKE T2	RUN TRANS	Zeitstr
Triathlon Regionalliga-Nord (TRL)									
58.	16.	M 25	65	Max Heldt	Triathlon-Team Südtondern	02:05:52	00:27:07 (67.) 02:26 (64.)	00:55:10 (39.) 01:29 (69.)	00:39:37 (43.) 03:56 (69.)
59.	17.	M 30	57	Sören Scheele	Triathlon Team Hamburg	02:05:55	00:24:41 (55.) 01:50 (15.)	00:58:31 (64.) 01:24 (65.)	00:39:27 (41.) 03:14 (49.)
60.	3.	M 45	55	Daniel Schulze	Triathlon Club Bremen	02:06:42	00:26:14 (65.) 02:15 (61.)	00:56:55 (54.) 01:08 (48.)	00:40:07 (52.) 03:24 (55.)
61.	2.	M 50	10	Holger Ludwig	ASC Göttingen	02:06:47	00:20:39 (17.) 02:43 (68.)	01:01:24 (70.) 01:24 (67.)	00:40:36 (56.) 04:07 (71.)
62.	18.	M 30	51	André Oellrich	Triathlon Club Bremen	02:07:48	00:24:44 (58.) 02:00 (39.)	00:56:45 (52.) 00:41 (2.)	00:43:35 (66.) 02:42 (16.)
63.	17.	M 25	67	Niklas Wendt	Triathlöwen Bremen e.V.	02:07:50	00:25:30 (60.) 02:07 (54.)	00:57:15 (58.) 00:54 (26.)	00:42:02 (63.) 03:01 (36.)
64.	12.	M 20	75	Tim Wolf	TriVelos Flensburg	02:08:12	00:23:45 (46.) 02:04 (46.)	00:59:22 (67.) 01:17 (59.)	00:41:42 (62.) 03:22 (53.)
65.	9.	M 35	53	Lukas Lüdecke	Triathlon Club Bremen	02:09:20	00:22:07 (32.) 01:57 (35.)	00:59:11 (65.) 00:43 (3.)	00:45:21 (69.) 02:40 (15.)
66.	19.	M 30	62	Malte Hansen	Triathlon-Team Südtondern	02:09:31	00:30:36 (68.) 03:01 (71.)	00:55:06 (37.) 00:49 (16.)	00:39:56 (47.) 03:50 (67.)
67.	10.	M 35	14	Christian Exner	FC St. Pauli Triathlon	02:10:19	00:31:34 (70.) 02:06 (53.)	00:57:32 (60.) 01:08 (47.)	00:37:57 (27.) 03:15 (51.)
68.	11.	M 35	72	Malte Haack	TriVelos Flensburg	02:10:32	00:21:44 (25.) 02:46 (69.)	00:57:57 (61.) 01:05 (39.)	00:46:58 (71.) 03:51 (68.)
69.	4.	M 45	64	Björn Nahnsen	Triathlon-Team Südtondern	02:13:02	00:30:53 (69.) 02:37 (66.)	00:57:14 (57.) 01:12 (55.)	00:41:04 (61.) 03:50 (66.)
70.	18.	M 25	37	Jonas Elfers	Stader SV	02:13:50	00:24:52 (59.) 02:06 (51.)	01:01:15 (69.) 00:47 (12.)	00:44:48 (68.) 02:53 (29.)
71.	20.	M 30	12	Daniel Doe	FC St. Pauli Triathlon	02:22:37	00:32:23 (71.) 02:48 (70.)	01:02:11 (71.) 01:13 (56.)	00:44:00 (67.) 04:01 (70.)

28. swb-Silbersee-Triathlon

Triathlon Regionalliga (TRL) - Mannschaftswertung Damen

SNR	Name	Zeit	Pl.
Triathlon Regionalliga-Nord (TRL)			
1. 1. TCO Die Bärinnen I		6	
76	Lilly-Marie Overberg	02:01:45	1.
77	Charlotte Friedrich	02:05:28	2.
78	Ann Gela Ukena	02:09:49	3.
2. USC Kiel		24	
103	Elena Berndt	02:10:22	4.
104	Charlotte Klindworth	02:11:10	6.
106	Solveig Stoltenberg	02:19:02	14.
3. Athletico Büdelsdorf		32	
85	Nele Siegmeyer	02:14:36	9.
87	Fenja Dibbern	02:14:37	10.
84	Paula Günther	02:17:02	13.
4. ASC Tria-Ladies Göttingen		41	
83	Naima Diesner	02:13:36	7.
80	Nelly von Limont	02:19:51	15.
81	Jia-Ming Shi	02:22:37	19.
5. Kaifu Tri Team Damen 1		46	
95	Léana Helbig	02:13:51	8.
93	Nathalie Andrea Frähmcke	02:20:29	17.
94	Vera Sophie Jegminat	02:23:54	21.
6. Heikotel Tri Team Hamburg		52	
88	Ariane Heller	02:16:16	12.
91	Sophie Ahrendt	02:19:54	16.
90	Vanessa Johannsen	02:27:10	24.
7. Triathlon Club Bremen Damen		53	
102	Eva Zimmermann	02:15:23	11.
99	Katrin Junge	02:23:32	20.
101	Linda Neddermann	02:25:56	22.
8. Tri Sport Holstein		56	
96	Celine Stockrahm	02:10:45	5.
97	Janne Glage	03:17:55	25.
98	Johanna Rentzow	03:23:35	26.

28. swb-Silbersee-Triathlon

Triathlon Regionalliga (TRL) - Mannschaftswertung Herren

SNR	Name	Zeit	Pl.
Triathlon Regionalliga-Nord (TRL)			
1.	HanseMondial Tri Team Hamburg	28	
24	Niklas Dellke	01:47:29	2.
25	Fabian Voß	01:49:41	3.
21	Markus Rühlmann	01:52:11	9.
23	David Strunck	01:53:22	14.
2.	Triathlöwen Bremen I	64	
68	Fabian Günther	01:49:59	4.
70	Niklas Günther	01:50:54	6.
69	Marc Putzke	01:53:58	16.
66	Daniel Lang	02:00:51	38.
3.	1. TCO "Die Bären"	82	
2	Jesse Hinrichs	01:45:34	1.
5	Julius Pilatus	01:54:07	17.
4	Erik Rosenau	01:55:53	24.
3	Jan Feth	02:01:27	40.
3.	SG TriTeam Mittelholstein	82	
35	Leif Johannsen	01:49:59	5.
33	Jean Surmont	01:53:01	12.
34	Leif Wichmann	01:55:26	22.
32	Timo Preusser	02:01:51	43.
3.	Team TSV Bargteheide Triathlon	82	
44	Lukas Stüfen	01:52:20	10.
42	Oliver Nissen	01:53:15	13.
43	Jonas Schott	01:58:18	29.
45	Lukas Ulka	01:58:25	30.
6.	Hannover 96 II	83	
18	Tino Warnecke	01:50:57	7.
19	Tobias Haase	01:54:40	18.
16	Sören Schatz	01:56:18	25.
20	Tobias Bengfort	01:59:42	33.
7.	SG KMH	86	
28	Finn von Schmeling	01:51:56	8.
27	Fritz Ferner	01:52:31	11.
26	Simone Latini	01:57:57	28.
29	Niklas Seitler	02:00:59	39.
8.	ASC Tri Team Göttingen	156	
8	Luca Schüler	01:54:55	19.
6	Christoph Schröder	01:57:51	27.
7	Philipp Schüler	02:02:51	47.
10	Holger Ludwig	02:06:47	63.

28. swb-Silbersee-Triathlon

Triathlon Regionalliga (TRL) - Mannschaftswertung Herren

SNR	Name	Zeit	Pl.
9.	Triathlon Team Hamburg		165
56	Marvin Paulus	01:58:56	31.
59	Jannik Uhlenbrock	02:00:19	36.
60	Alexander Graf	02:00:50	37.
57	Sören Scheele	02:05:55	61.
10.	Triabolos Hamburg		179
48	Sebastian Wetzel	01:59:53	34.
46	Thormen Höfeler	02:02:32	46.
49	Jan-Hendrik Hädeler	02:03:18	49.
50	Hinnerk Meyer	02:03:19	50.
11.	Triathlon-Team Südtondern		183
61	Benjamin Haas	01:54:59	20.
63	Dag Christian Jepsen	02:00:15	35.
65	Max Heldt	02:05:52	60.
62	Malte Hansen	02:09:31	68.
12.	TriVelos Flensburg		194
71	Leif-Erik Finck	01:57:10	26.
73	Andreas Schönrock	02:02:55	48.
74	Torge Surkus	02:04:03	54.
75	Tim Wolf	02:08:12	66.
13.	Triathlon Club Bremen Herren		202
52	Sven Zabel	01:55:33	23.
54	Matthias von Rüden	02:03:51	53.
55	Daniel Schulze	02:06:42	62.
51	André Oellrich	02:07:48	64.
14.	Stader SV Team		209
36	Julian Elfers	01:55:03	21.
38	Morten Tiedemann	02:04:07	55.
39	Jeroen Eversen	02:04:41	56.
37	Jonas Elfers	02:13:50	77.
15.	FC St. Pauli Triathlon Herren		255
15	Angel Rodriguez	02:02:21	44.
13	Philipp Elias	02:03:23	51.
14	Christian Exner	02:10:19	70.
12	Daniel Doe	02:22:37	90.