Bären Triathlon

vorl. Ergebnisliste m/w Triathlon Regionalliga-Nord (TRL) - Swim & Run

Pl.		AK	SNR	Name	Verein	OVERALL	SWIM	TRANS	RUN	Zeitstrafe
Triathlon Regionalliga-Nord (TRL) - Swim & Run										
w										
1.	1.	Juniorinnen	1	Lilly-Marie Overberg	1. TCO Die Bären	**00:20:37**	00:08:34 (2.)	00:32 (3.)	00:11:30 (1.)	
2.	1.	W 25	2	Charlotte Friedrich	1. TCO Die Bären	**00:21:06**	00:08:56 (5.)	00:29 (1.)	00:11:39 (2.)	
3.	1.	WJA	5	Lena Wichmann	SG Athletico Büdelsdorf	**00:21:42**	00:08:55 (3.)	00:34 (6.)	00:12:12 (6.)	
4.	2.	WJA	23	Lenya Gambalat	Triathlon Club Bremen e.V.	**00:22:10**	00:07:58 (1.)	00:31 (2.)	00:13:40 (22.)	
5.	1.	W 20	29	Celine Stockrahm	Tri Spirt Holstein	**00:22:17**	00:09:02 (7.)	00:37 (9.)	00:12:37 (9.)	
6.	1.	W 30	3	Ann Gela Ukena	1. TCO Die Bären	**00:22:21**	00:09:31 (10.)	00:34 (5.)	00:12:16 (7.)	
7.	3.	WJA	30	Andrea Sandau	Tri Spirt Holstein	**00:22:30**	00:08:59 (6.)	00:32 (4.)	00:12:57 (14.)	
8.	1.	W 35	8	Rhea Richter	SG Athletico Büdelsdorf	**00:23:02**	00:10:22 (14.)	00:36 (8.)	00:12:02 (3.)	
9.	2.	W 25	22	Eva Zimmermann	Triathlon Club Bremen e.V.	**00:23:06**	00:09:44 (12.)	00:40 (13.)	00:12:41 (11.)	
10.	3.	W 25	10	Carolin Müller	Kaifu Tri Team	**00:23:10**	00:09:02 (8.)	00:42 (17.)	00:13:25 (18.)	
11.	4.	W 25	13	Jana Löhden	Tri Team Hamburg e.V.	**00:23:12**	00:09:33 (11.)	00:41 (15.)	00:12:58 (15.)	
12.	5.	W 25	19	Mira Wilkens	USC Kiel	**00:23:45**	00:10:59 (21.)	00:40 (12.)	00:12:05 (4.)	
13.	2.	W 35	16	Lena Kalthoff	Tri Team Hamburg e.V.	**00:23:58**	00:10:24 (15.)	00:38 (10.)	00:12:55 (13.)	
14.	2.	W 20	26	Miriam Sophie Held	ASC Göttingen von 1846 e.V.	**00:24:19**	00:11:11 (23.)	01:00 (30.)	00:12:07 (5.)	
15.	3.	W 35	21	Linda Neddermann	Triathlon Club Bremen e.V.	**00:24:31**	00:11:33 (26.)	00:34 (7.)	00:12:23 (8.)	
16.	2.	W 30	17	Charlotte Klindworth	USC Kiel	**00:24:32**	00:10:42 (19.)	00:55 (29.)	00:12:54 (12.)	
17.	6.	W 25	15	Anne Christin Ruff	Tri Team Hamburg e.V.	**00:24:41**	00:10:27 (16.)	00:42 (19.)	00:13:30 (19.)	
18.	3.	W 20	6	Paula Günther	SG Athletico Büdelsdorf	**00:24:41**	00:09:21 (9.)	00:42 (20.)	00:14:37 (24.)	
19.	1.	W 45	9	Sandra Jaekel	Kaifu Tri Team	**00:24:44**	00:10:35 (17.)	00:50 (27.)	00:13:18 (17.)	
20.	7.	W 25	27	Birte Brill	ASC Göttingen von 1846 e.V.	**00:24:50**	00:11:25 (24.)	00:44 (23.)	00:12:40 (10.)	
21.	3.	W 30	12	Vera Sophie Jegminat	Kaifu Tri Team	**00:24:56**	00:10:41 (18.)	00:44 (22.)	00:13:30 (20.)	
22.	4.	W 20	18	Johanna Grell	USC Kiel	**00:24:59**	00:10:44 (20.)	00:39 (11.)	00:13:34 (21.)	
23.	8.	W 25	4	Rieke Bonsack	1. TCO Die Bären	**00:25:38**	00:08:55 (4.)	00:40 (14.)	00:16:02 (26.)	
24.	9.	W 25	11	Nathalie Andrea Frähmcke	Kaifu Tri Team	**00:25:55**	00:11:59 (29.)	00:46 (24.)	00:13:09 (16.)	
25.	10.	W 25	25	Jule Foelckel	ASC Göttingen von 1846 e.V.	**00:26:05**	00:11:35 (27.)	00:46 (25.)	00:13:43 (23.)	
26.	2.	W 45	7	Stefanie Wasmundt	SG Athletico Büdelsdorf	**00:27:24**	00:11:31 (25.)	00:43 (21.)	00:15:09 (25.)	
27.	5.	W 20	32	Janne Glage	Tri Spirt Holstein	**00:32:48**	00:15:05 (30.)	00:42 (18.)	00:17:00 (27.)	
28.	2.	Juniorinnen	31	Johanna Rentzow	Tri Spirt Holstein	**00:34:46**	00:11:52 (28.)	00:51 (28.)	00:22:03 (28.)	

vorl. Ergebnisliste m/w Triathlon Regionalliga-Nord (TRL) - Swim & Run

Pl.		AK	SNR	Name	Verein	OVERALL	SWIM	TRANS	RUN	Zeitstrafe
Triathlon Regionalliga-Nord (TRL) - Swim & Run										
m										
1.	1.	M 30	37	Max Schröter	Tri Team Hamburg e.V.	**00:17:58**	00:07:59 (6.)	00:32 (5.)	00:09:26 (1.)	
2.	2.	M 30	33	Hauke Heller	Tri Team Hamburg e.V.	**00:18:39**	00:07:33 (2.)	00:33 (9.)	00:10:33 (9.)	
3.	1.	MJA	35	Lasse Bo Hartwig	Tri Team Hamburg e.V.	**00:18:46**	00:07:59 (5.)	00:28 (1.)	00:10:18 (4.)	
4.	1.	M 25	43	Leif Johannsen	SG Athletico Büdelsdorf	**00:18:59**	00:07:58 (4.)	00:33 (12.)	00:10:26 (6.)	
5.	1.	Junioren	39	Leon Raeder	TSV Bargteheide Triathlon	**00:19:03**	00:08:04 (9.)	00:41 (39.)	00:10:16 (3.)	
6.	1.	M 20	41	Lukas Stüfen	TSV Bargteheide Triathlon	**00:19:05**	00:08:13 (16.)	00:36 (24.)	00:10:14 (2.)	
7.	2.	M 20	38	Lasse Fitschen	TSV Bargteheide Triathlon	**00:19:08**	00:07:40 (3.)	00:33 (10.)	00:10:55 (21.)	
8.	1.	M 35	34	Alexander Huber	Tri Team Hamburg e.V.	**00:19:09**	00:08:07 (11.)	00:37 (26.)	00:10:25 (5.)	
9.	3.	M 20	62	Erik Rosenau	1. TCO "Die Bären"	**00:19:18**	00:08:10 (13.)	00:32 (8.)	00:10:34 (11.)	
10.	2.	M 35	52	Markus Hein	Hannover 96	**00:19:24**	00:07:59 (7.)	00:33 (11.)	00:10:51 (16.)	
11.	2.	Junioren	42	Noah Garbers	TSV Bargteheide Triathlon	**00:19:53**	00:08:42 (19.)	00:35 (18.)	00:10:35 (12.)	
12.	3.	M 30	98	Jonas Witt	FC St. Pauli Triathlon	**00:19:54**	00:08:04 (10.)	00:34 (14.)	00:11:14 (32.)	
13.	2.	MJA	49	Julian Scheja	Hannover 96	**00:19:57**	00:08:01 (8.)	00:32 (7.)	00:11:22 (34.)	
14.	4.	M 20	46	Leif Wichmann	SG Athletico Büdelsdorf	**00:20:00**	00:08:52 (24.)	00:35 (15.)	00:10:33 (8.)	
15.	5.	M 20	83	Leif-Erik Finck	TriVelos Flensburg	**00:20:02**	00:08:35 (18.)	00:35 (16.)	00:10:51 (17.)	
16.	4.	M 30	44	Pascal Buck	SG Athletico Büdelsdorf	**00:20:04**	00:08:49 (21.)	00:41 (34.)	00:10:33 (10.)	
17.	2.	M 25	103	Julian Elfers	Stader SV	**00:20:17**	00:08:57 (28.)	00:30 (2.)	00:10:49 (15.)	
18.	1.	M 40	63	Daniel Lang	Triathlöwen Bremen e.V.	**00:20:22**	00:08:56 (27.)	00:31 (3.)	00:10:53 (20.)	
19.	3.	Junioren	59	Mikkel Grotelüschen	1. TCO "Die Bären"	**00:20:23**	00:07:23 (1.)	00:36 (21.)	00:12:23 (52.)	
20.	6.	M 20	64	Tom Ole Theilken	Triathlöwen Bremen e.V.	**00:20:31**	00:09:19 (40.)	00:40 (33.)	00:10:31 (7.)	
21.	5.	M 30	48	Sören Schatz	Hannover 96	**00:20:38**	00:09:07 (32.)	00:51 (59.)	00:10:39 (13.)	
22.	3.	M 25	40	Jonas Schott	TSV Bargteheide Triathlon	**00:20:38**	00:08:10 (14.)	00:35 (17.)	00:11:52 (48.)	
23.	7.	M 20	105	Jeroen Eversen	Stader SV	**00:20:38**	00:08:29 (17.)	00:39 (29.)	00:11:30 (36.)	
24.	4.	M 25	50	Marvin Föhse	Hannover 96	**00:20:48**	00:08:47 (20.)	00:40 (32.)	00:11:20 (33.)	
25.	4.	Junioren	47	Mattes Lassen	SG Athletico Büdelsdorf	**00:20:52**	00:09:11 (36.)	00:44 (45.)	00:10:56 (22.)	
26.	8.	M 20	45	Marvin Salto	SG Athletico Büdelsdorf	**00:20:59**	00:08:53 (25.)	00:40 (31.)	00:11:25 (35.)	
27.	6.	M 30	70	Hinnerk Meyer	Triabolos Hamburg e.V.	**00:21:00**	00:09:09 (34.)	00:46 (51.)	00:11:04 (25.)	
28.	7.	M 30	91	Sören Scheele	TRIATHLON TEAM HAMBURG	**00:21:09**	00:09:09 (35.)	00:45 (48.)	00:11:14 (31.)	

vorl. Ergebnisliste m/w Triathlon Regionalliga-Nord (TRL) - Swim & Run

Pl.		AK	SNR	Name	Verein	OVERALL	SWIM	TRANS	RUN	Zeitstrafe
Triathlon Regionalliga-Nord (TRL) - Swim & Run										
29.	3.	M 35	58	Udo Schwientek	1. TCO "Die Bären"	**00:21:13**	00:08:58 (30.)	00:36 (20.)	00:11:38 (41.)	
30.	1.	M 45	61	Jan Feth	1. TCO "Die Bären"	**00:21:20**	00:09:40 (48.)	00:48 (53.)	00:10:52 (18.)	
31.	5.	M 25	102	Tom Sprenger	FC St. Pauli Triathlon	**00:21:27**	00:09:30 (43.)	00:48 (55.)	00:11:08 (29.)	
32.	4.	M 35	99	Angel Rodriguez	FC St. Pauli Triathlon	**00:21:27**	00:08:51 (22.)	00:54 (60.)	00:11:42 (42.)	
33.	5.	M 35	85	Torge Surkus	TriVelos Flensburg	**00:21:29**	00:09:54 (50.)	00:48 (54.)	00:10:46 (14.)	
34.	2.	M 45	69	Etienne Junot	Triabolos Hamburg e.V.	**00:21:32**	00:09:13 (37.)	00:49 (56.)	00:11:30 (37.)	
35.	3.	M 45	81	Daniel Schulze	Triathlon Club Bremen	**00:21:34**	00:09:59 (51.)	00:41 (37.)	00:10:53 (19.)	
36.	2.	M 40	84	Andreas Schönrock	TriVelos Flensburg	**00:21:44**	00:08:12 (15.)	00:46 (49.)	00:12:46 (58.)	
37.	4.	M 45	89	Lars Bergau	TRIATHLON TEAM HAMBURG	**00:21:44**	00:09:30 (42.)	00:40 (30.)	00:11:34 (39.)	
38.	3.	M 40	72	Sebastian Wetzel	Triabolos Hamburg e.V.	**00:21:48**	00:09:28 (41.)	00:43 (44.)	00:11:35 (40.)	
39.	6.	M 25	65	Niklas Wendt	Triathlöwen Bremen e.V.	**00:21:54**	00:10:14 (54.)	00:37 (27.)	00:11:03 (24.)	
40.	6.	M 35	79	Lukas Lüdecke	Triathlon Club Bremen	**00:21:56**	00:08:51 (23.)	00:36 (23.)	00:12:27 (54.)	
41.	7.	M 35	100	Philipp Elias	FC St. Pauli Triathlon	**00:21:59**	00:10:10 (53.)	00:42 (42.)	00:11:05 (26.)	
42.	5.	Junioren	77	Philipp Behnemann	Triathlon Team Südtondern	**00:22:00**	00:09:33 (44.)	00:42 (40.)	00:11:44 (43.)	
43.	8.	M 30	80	André Oellrich	Triathlon Club Bremen	**00:22:02**	00:09:34 (45.)	00:36 (25.)	00:11:51 (47.)	
44.	7.	M 25	101	Jonas Rumpelt	FC St. Pauli Triathlon	**00:22:07**	00:10:27 (56.)	00:31 (4.)	00:11:07 (28.)	
45.	9.	M 30	36	Kim Oranienburg	Tri Team Hamburg e.V.	**00:22:07**	00:08:08 (12.)	00:41 (36.)	00:13:18 (60.)	
46.	8.	M 25	104	Jonas Elfers	Stader SV	**00:22:11**	00:09:07 (33.)	00:36 (22.)	00:12:27 (53.)	
47.	8.	M 35	90	Marco Frommholz	TRIATHLON TEAM HAMBURG	**00:22:11**	00:09:36 (46.)	00:44 (46.)	00:11:51 (46.)	
48.	10.	M 30	78	Matthias von Rüden	Triathlon Club Bremen	**00:22:15**	00:10:02 (52.)	00:41 (38.)	00:11:31 (38.)	
49.	11.	M 30	86	Timm Weichaus	TriVelos Flensburg	**00:22:19**	00:09:13 (38.)	00:35 (19.)	00:12:29 (55.)	
50.	5.	M 45	60	Tammo König	1. TCO "Die Bären"	**00:22:19**	00:09:03 (31.)	00:38 (28.)	00:12:37 (56.)	
51.	9.	M 35	66	Pascal Weihing	Triathlöwen Bremen e.V.	**00:22:33**	00:10:34 (57.)	00:50 (57.)	00:11:07 (27.)	
52.	6.	M 45	73	Jens Homrighausen	Triathlon Team Südtondern	**00:22:36**	00:09:38 (47.)	00:42 (41.)	00:12:16 (51.)	
53.	9.	M 25	74	Max Heldt	Triathlon Team Südtondern	**00:22:38**	00:10:39 (59.)	00:47 (52.)	00:11:11 (30.)	
54.	9.	M 20	87	Tim Wolf	TriVelos Flensburg	**00:22:38**	00:09:17 (39.)	00:41 (35.)	00:12:40 (57.)	
55.	12.	M 30	51	Felix Metje	Hannover 96	**00:22:41**	00:09:51 (49.)	00:59 (61.)	00:11:49 (45.)	
56.	13.	M 30	76	Heiko Sönksen	Triathlon Team Südtondern	**00:22:45**	00:10:56 (60.)	00:50 (58.)	00:10:58 (23.)	
57.	10.	M 20	106	Patrick Eversen	Stader SV	**00:22:48**	00:08:57 (29.)	00:32 (6.)	00:13:17 (59.)	

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Pl.		AK	SNR	Name	Verein	OVERALL	SWIM	TRANS	RUN	Zeitstrafe
Triathlon Regionalliga-Nord (TRL) - Swim & Run										
58.	14.	M 30	68	Marcel Holzapfel	Triabolos Hamburg e.V.	**00:23:05**	00:10:19 (55.)	00:43 (43.)	00:12:02 (49.)	
59.	1.	M 50	82	Frank Vogel	Triathlon Club Bremen	**00:23:27**	00:08:53 (26.)	00:46 (50.)	00:13:46 (61.)	
60.	15.	M 30	75	Malte Hansen	Triathlon Team Südtondern	**00:24:05**	00:11:45 (62.)	00:34 (13.)	00:11:45 (44.)	
61.	16.	M 30	92	Florian Zogmann	TRIATHLON TEAM HAMBURG	**00:24:16**	00:11:26 (61.)	00:45 (47.)	00:12:03 (50.)	
62.	7.	M 45	88	Markus Heine	TRIATHLON TEAM HAMBURG	**00:26:29**	00:10:36 (58.)	01:41 (62.)	00:14:11 (62.)	

Bären Triathlon

Triathlon Regionalliga (TRL) - Mannschaftswertung Damen

SNR	Name	Zeit	Pl.
Triathlon Regionalliga-Nord (TRL) - Team-Jagdrennen			
1.	**1. TCO "Die Bärinnen I"**	**6**	
4002	Charlotte Friedrich	01:21:58	1.
4003	Ann Gela Ukena	01:21:59	2.
4001	Lilly-Marie Overberg	01:21:59	3.
2.	**Heikotel Tri Team Hamburg**	**15**	
4015	Anne Christin Ruff	01:34:21	4.
4013	Jana Löhden	01:34:21	5.
4016	Lena Kalthoff	01:34:22	6.
3.	**Triathlon Club Bremen Damen**	**24**	
4021	Linda Neddermann	01:34:50	7.
4023	Lenya Gambalat	01:34:50	8.
4022	Eva Zimmermann	01:34:51	9.
4.	**Athletico Büdelsdorf**	**33**	
4006	Paula Günther	01:35:50	10.
4008	Rhea Richter	01:35:50	11.
4005	Lena Wichmann	01:35:50	12.
5.	**Kaifu Tri Team Damen 1**	**42**	
4009	Sandra Jaekel	01:37:52	13.
4010	Carolin Müller	01:37:53	14.
4011	Nathalie Andrea Frähmcke	01:37:53	15.
6.	**USC Kiel**	**51**	
4017	Charlotte Klindworth	01:38:28	16.
4018	Johanna Grell	01:38:29	17.
4019	Mira Wilkens	01:38:29	18.
7.	**ASC Tria-Ladies Göttingen**	**63**	
4026	Miriam Held	01:43:40	20.
4027	Birte Brill	01:43:41	21.
4025	Jule Foelckel	01:43:41	22.
8.	**Tri Dport Holstein**	**72**	
4030	Andrea Sandau	02:03:31	23.
4029	Celine Stockrahm	02:03:32	24.
4032	Janne Glage	02:03:32	25.

Bären Triathlon

Triathlon Regionalliga (TRL) - Mannschaftswertung Herren

SNR	Name	Zeit	Pl.
Triathlon Regionalliga-Nord (TRL) - Team-Jagdrennen			
1.	**HanseMondial Tri Team Hamburg**	**10**	
4034	Alexander Huber	01:13:34	1.
4033	Hauke Heller	01:13:34	2.
4035	Lasse Bo Hartwig	01:13:35	3.
4037	Max Schröter	01:13:35	4.
2.	**Team TSV Bargteheide Triathlon**	**26**	
4042	Noah Garbers	01:15:07	5.
4039	Leon Raeder	01:15:07	6.
4038	Lasse Fitschen	01:15:07	7.
4041	Lukas Stüfen	01:15:08	8.
3.	**TriTeam Mittelholstein**	**50**	
4043	Leif Johannsen	01:20:41	11.
4047	Mattes Lassen	01:20:41	12.
4046	Leif Wichmann	01:20:41	13.
4044	Pascal Buck	01:20:41	14.
4.	**Hannover 96 II**	**66**	
4048	Sören Schatz	01:21:11	15.
4049	Julian Scheja	01:21:12	16.
4052	Markus Hein	01:21:12	17.
4050	Marvin Föhse	01:21:12	18.
5.	**1. TCO "Die Bären"**	**86**	
4062	Erik Rosenau	01:25:38	20.
4060	Tammo König	01:25:39	21.
4059	Mikkel Grotelüschen	01:25:40	22.
4061	Jan Feth	01:25:40	23.
6.	**FC St. Pauli Triathlon Herren**	**106**	
4099	Angel Rodriguez	01:29:14	25.
4100	Philipp Elias	01:29:15	26.
4101	Jonas Rumpelt	01:29:15	27.
4102	Tom Sprenger	01:29:15	28.
7.	**Triathlöwen Bremen I**	**126**	
4065	Niklas Wendt	01:30:48	30.
4063	Daniel Lang	01:30:49	31.
4064	Tom Ole Theilken	01:30:49	32.
4066	Pascal Weihing	01:30:49	33.
8.	**TriVelos Flensburg**	**142**	
4086	Timm Weichaus	01:31:11	34.
4083	Leif-Erik Finck	01:31:12	35.
4085	Torge Surkus	01:31:12	36.
4087	Tim Wolf	01:31:12	37.

Triathlon Regionalliga (TRL) - Mannschaftswertung Herren

SNR	Name	Zeit	Pl.
9. Stader SV Team		**158**	
4103	Julian Elfers	01:32:00	38.
4106	Patrick Eversen	01:32:01	39.
4105	Jeroen Eversen	01:32:01	40.
4104	Jonas Elfers	01:32:01	41.
10. Triabolos Hamburg		**174**	
4069	Etienne Junot	01:33:13	42.
4072	Sebastian Wetzel	01:33:13	43.
4070	Hinnerk Meyer	01:33:13	44.
4068	Marcel Holzapfel	01:33:13	45.
11. Triathlon Team Südtondern		**190**	
4076	Heiko Sönksen	01:37:53	46.
4077	Philipp Behnemann	01:37:54	47.
4074	Max Heldt	01:37:55	48.
4075	Malte Hansen	01:37:56	49.
12. Triathlon Team Hamburg		**206**	
4092	Florian Zogmann	01:38:12	50.
4090	Marco Frommholz	01:38:12	51.
4089	Lars Bergau	01:38:13	52.
4091	Sören Scheele	01:38:22	53.
13. Triathlon Club Bremen Herren		**222**	
4079	Lukas Lüdecke	01:38:33	54.
4078	Matthias von Rüden	01:38:34	55.
4082	Frank Vogel	01:38:34	56.
4080	André Oellrich	01:38:35	57.
14. ASC Tri Team Göttingen		**375**	
4053	Christoph Schröder	DNS	58.
4054	Benno Milan Hogh-Holub	DNS	58.
4055	David Liedtke	DNS	58.
4056	Tim Musolf	DNS	58.
14. SG KMH		**375**	
9992	N.n.	DNS	58.
9993	N.n.	DNS	58.
9994	N.n.	DNS	58.
9995	N.n.	DNS	58.