

# LL Kiel 13.08.2023 (TeamRelay)

## Frauen

	SNR	Teilnehmer:in	SWIM	T1	BIKE	T2	RUN	Time
<b>1.</b>		<b>Tri EMTV Elmshorn Damen</b>						<b>1:16:16 Std.</b>
	29	Lara Günther	04:40	01:28	10:37	00:59	08:14	25:57
		Julia Finke	05:26	01:50	10:51	01:02	07:22	26:30
		Julia Hoppe	04:25	01:27	09:40	01:07	07:14	23:51
<b>2.</b>		<b>Team TSV Bargtheide Tri II</b>						<b>1:17:27 Std.</b>
	22	Lena Fitschen	05:14	01:38	10:37	01:09	07:02	25:37
		Lena Schott	05:06	01:36	09:32	01:04	07:22	24:37
		Lara Hoppe	05:20	01:29	10:23	01:17	08:47	27:14
<b>3.</b>		<b>Triathlon Team Südtondern</b>						<b>1:17:37 Std.</b>
	24	Jutta Lützen-Junge	06:32	02:05	09:34	01:04	07:18	26:32
		Mia Söth	05:17	01:27	09:22	01:10	07:12	24:26
		Imke Lützen	06:40	01:39	09:38	00:56	07:49	26:40
<b>4.</b>		<b>Borener SV Damen</b>						<b>1:19:18 Std.</b>
	23	Daniela Prüß	05:48	02:25	09:41	01:06	07:05	26:03
		Regina Dahl	06:08	02:15	10:04	00:59	06:33	25:57
		Inke Dellius	06:22	02:08	09:59	01:01	07:53	27:19
<b>5.</b>		<b>USC LL Damen</b>						<b>1:20:04 Std.</b>
	32	Wiebke Weßels	05:57	01:25	09:36	01:03	07:13	25:11
		Theresa Geese	05:36	01:35	10:03	01:15	07:30	25:58
		Mandy Karstens	06:22	01:56	11:13	01:26	08:00	28:56
<b>6.</b>		<b>TriAs Flensburg Damen</b>						<b>1:20:29 Std.</b>
	30	Carina Schock	05:17	01:58	10:56	01:06	07:13	26:28
		Valeska Schimmelpfennig	07:06	02:00	10:22	01:07	07:31	28:04
		Lena Nommensen	05:30	01:53	09:30	01:01	08:07	25:58
<b>7.</b>		<b>3Maniacs Großhansdorf</b>						<b>1:22:04 Std.</b>
	31	Janina Bolley	05:26	02:22	09:50	01:36	06:24	25:36
		Claudia Klok	06:32	02:07	09:59	01:26	07:55	27:56
		Dörte Ratz	06:49	02:14	10:02	01:32	07:57	28:33
<b>8.</b>		<b>Tri-Sport Lübeck 1. Damen</b>						<b>1:22:51 Std.</b>
	25	Nele Sophie Brügge	04:53	01:33	10:26	00:59	07:12	25:01
		Sophie Schaar	06:25	02:27	12:12	01:42	08:41	31:24
		Kimberly Giesenberg	06:01	01:56	09:35	01:22	07:35	26:26
<b>9.</b>		<b>triZack Rostock Damen</b>						<b>1:23:00 Std.</b>
	27	Dörte Kamrau	04:32	02:17	10:54	01:27	07:31	26:39
		Tessa Buch	05:09	01:48	10:50	01:19	07:28	26:32
		Josephine Becker	07:14	01:52	10:21	01:12	09:13	29:50

## LL Kiel 13.08.2023 (TeamRelay)

SNR	Teilnehmer:in	SWIM	T1	BIKE	T2	RUN	Time
<b>10.</b>	<b>TC FIKO Rostock Damen</b>						<b>1:24:20 Std.</b>
28	Judith Osterloh	05:17	01:39	10:17	00:58	07:07	25:15
	Elke Blumenberg	07:01	02:07	10:37	01:11	07:25	28:18
	Luisa Grabe	07:42	01:42	10:44	01:07	09:34	30:47
<b>11.</b>	<b>Triathlon Team TSV Schleswig</b>						<b>1:26:08 Std.</b>
26	Friederike Nehring	04:30	01:38	09:51	00:57	06:48	23:43
	Dorothee Paulsen	07:38	03:36	12:58	02:18	10:09	36:37
	Kerstin Günter	05:08	02:02	09:38	01:18	07:45	25:50
<b>12.</b>	<b>Tri-Sport Lübeck Golden Girls</b>						<b>1:35:57 Std.</b>
33	Petra Petra Schwalbe	08:36	02:31	11:46	01:20	09:41	33:52
	Katrin Krüger	06:51	02:08	12:25	01:23	08:26	31:12
	Katja Andres	06:43	02:10	10:49	01:10	10:04	30:54

# LL Kiel 13.08.2023 (TeamRelay)

## Männer

	SNR	Teilnehmer:in	SWIM	T1	BIKE	T2	RUN	Time
<b>1.</b>		<b>USC Kiel #BockaufBallern</b>						<b>1:27:03 Std.</b>
	4	Toni Buchheim	04:32	01:23	08:39	00:59	06:13	21:45
		Felix Mayer	05:08	01:11	08:18	00:57	05:13	20:47
		Tommy Krüger	05:47	01:39	08:36	01:03	05:46	22:49
		Sebastian Zwicker	04:58	01:34	08:15	01:00	05:58	21:43
<b>2.</b>		<b>TC FIKO Rostock I</b>						<b>1:28:33 Std.</b>
	2	Mattes Kuntermann	04:26	01:30	08:57	00:57	05:20	21:08
		Matti Hoth	04:39	01:22	09:06	01:08	05:51	22:04
		Leon Thiel	04:14	01:34	09:19	01:18	07:04	23:28
		Lukas Kuntermann	04:57	01:38	08:04	01:06	06:12	21:55
<b>3.</b>		<b>USC Kiel #richtigBock</b>						<b>1:29:10 Std.</b>
	1	Lars Dahlkemper	05:28	01:18	08:58	01:03	05:35	22:20
		Rune Löschen	04:43	01:14	09:17	00:57	06:16	22:26
		Tjorven Ernst	04:41	01:29	08:54	01:04	06:02	22:08
		Henrik Unfug	04:52	01:33	08:32	00:59	06:24	22:18
<b>4.</b>		<b>TriAs Flensburg Herren</b>						<b>1:30:49 Std.</b>
	3	Sven Ole Teupke	04:01	01:38	08:31	00:48	05:32	20:29
		Fabian Sommer	05:24	01:22	08:14	01:08	05:31	21:36
		Marcel Quehl	05:38	01:47	08:54	01:03	06:35	23:54
		Clemens Buchwald	05:41	01:37	08:56	00:56	07:43	24:51
<b>5.</b>		<b>Tri-Sport Schwerin Herren</b>						<b>1:32:16 Std.</b>
	7	Moritz Kast	04:58	01:28	09:22	01:00	05:38	22:24
		Frieder Prüter	04:43	01:38	09:21	01:09	06:40	23:29
		Kilian Kaps	05:28	01:29	08:55	01:03	06:03	22:56
		Julius Porthun	04:48	01:31	08:59	01:11	07:02	23:28
<b>6.</b>		<b>Team TSV Bargteheide Tri II</b>						<b>1:33:54 Std.</b>
	8	Jorrit Rammingner	04:20	01:49	09:33	01:09	06:21	23:11
		Jens Krohn	04:41	01:48	09:38	01:08	06:53	24:06
		Marc-Oliver Arlt	04:47	01:33	09:21	00:59	05:54	22:31
		Jannik Weidmann	05:17	01:28	09:49	01:08	06:28	24:08
<b>7.</b>		<b>Tri-Sport Lübeck Green Energy</b>						<b>1:35:32 Std.</b>
	6	Johann Kosmidis	05:35	01:49	09:05	01:16	07:16	24:58
		Erik Hertel	03:57	01:29	09:12	01:02	05:56	21:33
		Benjamin Eurich	06:55	01:44	09:07	01:05	05:47	24:37
		Leif Stäcker	05:07	02:09	08:40	01:16	07:15	24:26
<b>8.</b>		<b>SG 03 Ludwigslust/Grabow Triathlon</b>						<b>1:35:55 Std.</b>
	19	Sebastian Baum	05:07	01:26	09:01	01:19	06:40	23:32
		Stefan Pinnow	05:16	02:02	09:55	01:14	06:20	24:45
		Christoph Che Trippel	05:46	01:37	09:13	01:02	05:52	23:27
		Heiko Tomuschat	05:27	01:36	09:00	01:33	06:39	24:13

## LL Kiel 13.08.2023 (TeamRelay)

	SNR	Teilnehmer:in	SWIM	T1	BIKE	T2	RUN	Time
<b>9.</b>	<b>Team B&amp;H Sport Sport-Club Itzehoe II</b>							<b>1:36:38 Std.</b>
	12	Michel Schultz	05:44	01:29	08:56	01:17	06:17	23:41
		Patrick Hintze	05:01	01:42	09:58	00:57	04:54	22:30
		Ahmed El Sayed	05:56	02:42	10:11	01:08	06:24	26:20
		Marcel Krüger	05:44	01:52	09:12	01:06	06:17	24:08
<b>10.</b>	<b>Triathlon Team TSV Schleswig</b>							<b>1:37:14 Std.</b>
	11	Jan Ferchhof	03:59	01:48	09:31	01:10	06:35	23:01
		Torsten Schreiber	04:44	01:28	08:45	01:03	06:05	22:02
		Michael Nanz	06:03	01:58	09:28	01:32	06:37	25:36
		Mark Tonn	05:52	01:45	10:22	01:20	07:20	26:36
<b>11.</b>	<b>3Maniacs Großhansdorf</b>							<b>1:37:18 Std.</b>
	5	Daniel Porker	04:56	02:04	08:39	01:05	06:08	22:51
		Gerrit-Jan Klok	05:27	01:53	08:46	01:35	06:20	23:59
		Stefan Hintz	06:52	02:03	10:25	01:33	07:14	28:05
		Pawel Kampa	05:00	01:41	08:29	01:11	06:07	22:25
<b>12.</b>	<b>Borener SV</b>							<b>1:37:56 Std.</b>
	14	Tim-Ole Petersen	05:33	01:36	08:52	01:09	06:10	23:18
		Norman Bromberg	05:34	01:52	09:16	01:25	06:20	24:25
		Ingo Koch	04:46	02:10	09:05	01:02	06:04	23:05
		Matthias Probst	05:42	02:28	09:38	01:21	08:03	27:10
<b>13.</b>	<b>TriTeam Neumünster</b>							<b>1:38:34 Std.</b>
	15	Stephan Schönrock	04:39	01:44	08:43	01:11	07:06	23:21
		Henner Blunck	05:12	01:30	09:33	01:02	06:28	23:43
		Stefan Redepenning	05:39	02:09	09:23	01:04	07:04	25:18
		Sven Ruck	06:11	02:00	09:02	01:31	07:32	26:14
<b>14.</b>	<b>Triathlon Club Nord - RunRunFun</b>							<b>1:39:14 Std.</b>
	10	Stephan Wölk	04:46	01:39	08:41	01:08	05:57	22:09
		Alexander Tenner	04:29	02:04	10:01	00:58	07:31	25:01
		Karol Andrejewski	05:40	02:16	10:20	01:05	07:35	26:54
		Dominik Schreiber	06:27	02:19	08:56	01:04	06:29	25:12
<b>15.</b>	<b>TriTeam Alte Salzstraße Ratzeburg</b>							<b>1:39:15 Std.</b>
	9	Kevin Nordhaus-Keding	05:01	01:25	09:45	01:02	06:28	23:40
		Volker Sonnenburg	06:33	02:08	09:00	01:27	06:38	25:43
		Bodo Reiner	05:14	01:53	09:51	00:56	07:02	24:54
		Michael Kühne	05:25	01:49	09:36	01:09	07:04	25:00
<b>16.</b>	<b>TC FIKO Rostock II</b>							<b>1:41:18 Std.</b>
	13	Bernhard Penzlin	05:29	01:34	09:16	00:53	07:12	24:23
		Matti Waasener				01:36	06:51	51:39
		Andreas Millat	06:08	01:38	09:16	01:02		
		Stephan Schwandke						

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SNR	Teilnehmer:in	SWIM	T1	BIKE	T2	RUN	Time
<b>17. Tri EMTV Elmshorn</b>							<b>1:45:12 Std.</b>
16	Christoph Kossak-Glowczewski	05:46	02:06	09:25	01:01	07:17	25:33
	Dominic Kruse	06:30	02:02	08:25	01:28	07:05	25:27
	Phillip Naujoks	06:01	02:10	10:23	01:58	09:39	30:08
	Iulian Rotariu	05:45	01:36	08:54	01:17	06:35	24:05
<b>18. SG Wasserratten Norderstedt</b>							<b>1:45:53 Std.</b>
17	Johannes Dürr	05:23	01:51	08:42	01:02	06:55	23:50
	Tobias Thele	06:16	01:52	09:32	01:06	06:18	25:01
	Manfred Fitz	05:52	02:01	10:38	01:39	07:39	27:47
	Thomas Bartl	06:06	02:32	10:09	01:25	09:06	29:16
<b>19. Athletico Büdelsdorf II</b>							<b>1:47:56 Std.</b>
18	Alexander Staack	05:32	02:01	09:27	00:55	06:35	24:28
	Hans Peter Dannenberg	05:35	02:01	10:18	01:02	07:04	25:57
	Sven Balzer	05:56	02:02	09:48	01:24	07:07	26:15
	Christian Auer	06:08	02:38	10:43	01:52	10:00	31:18
<b>20. TSV Quellenhaupt Bornhöved</b>							<b>1:48:51 Std.</b>
21	Jannis Maschke	05:34	02:23	09:18	01:13	06:50	25:16
	Stefan Thoms	06:43	02:32	09:39	01:28	07:30	27:49
	Rainer Kallies	07:44	02:21	11:12	01:02	08:07	30:26
	Michael Klewer	05:11	02:26	09:08	01:32	07:07	25:21
<b>21. Tri-Sport Lübeck Silberrücken</b>							<b>1:50:00 Std.</b>
20	Evgeny Fits	05:40	01:45	10:01	01:08	06:55	25:28
	Frank Schröder	06:33	02:23	10:54	01:18	09:28	30:35
	Olaf Stahlhut	05:52	01:50	09:41	01:04	09:56	28:20
	Ingo Wagner	05:30	01:58	09:48	01:11	07:14	25:38

# LL Kiel 13.08.2023 (TeamRelay)

## MIX Team

SNR	Teilnehmer:in	SWIM	T1	BIKE	T2	RUN	Time
<b>1.</b>	<b>Triathlon-Team Südtondern</b>						<b>1:12:51 Std.</b>
34	Paula Bungert	05:32	01:35	09:09	00:54	06:36	23:44
	Philipp Behnemann	05:00	01:47	09:01	01:09	06:11	23:05
	Torsten Reimann	06:19	01:46	09:32	00:56	07:32	26:03
<b>2.</b>	<b>Eckernförder MTV</b>						<b>1:17:27 Std.</b>
37	Jasmin Liebenau	06:42	03:01	11:27	01:20	08:23	30:52
	Rene Kirschke	04:46	01:29	09:18	00:55	06:25	22:50
	Tim Umlauf	04:43	01:57	09:12	01:13	06:42	23:46
<b>3.</b>	<b>Tri Endurance Germany im SC Wentorf</b>						<b>1:19:15 Std.</b>
36	Vera Nordmann	05:22	01:57	10:47	01:26		
	Neele Maxi Kaiser		01:34	10:16	01:16	07:55	
	Bjarne Wellm	05:36	01:16	09:11	00:53	07:20	24:13
<b>4.</b>	<b>Tri-Sport Lübeck Green Hornets</b>						<b>1:20:01 Std.</b>
35	Timo Schwalbe	06:31	02:03	09:59	01:25	07:24	27:21
	Maren Straatmann	05:32	02:19	10:02	01:25	07:00	26:16
	Henning Martens	05:45	01:43	09:29	01:21	08:10	26:26
<b>5.</b>	<b>Tri-Sport Lübeck Sturmmöwen</b>						<b>1:30:36 Std.</b>
38	Nils Oldenburg	07:05	02:05	10:16	01:04	07:53	28:20
	Sarah Rogge	08:16	02:08	11:51	01:25	09:13	32:51
	Nils Oldenburg	07:06	01:59	10:25	01:10	08:47	29:26