

Pl.	AK	SNR	Name	Verein	OVER	SWIM T1	BIKE T2	RUN TRANS	Zeitstr
Ergebnisse - Triathlon Regionalliga-Nord (TRL)									
W									
1.	1. W 25	79	Jendryschik	Tri Team Hamburg	01:59:29	00:20:55 (2.) 02:24 (1.)	00:55:36 (1.) 02:01 (8.)	00:38:32 (3.) 04:25 (2.)	
2.	2. W 25	99	Nordmann	TriVelos Flensburg von 2008 e.V.	02:08:41	00:24:57 (15.) 02:48 (19.)	01:01:39 (8.) 01:52 (3.)	00:37:22 (1.) 04:41 (6.)	
3.	3. W 25	78	Timm Svea	Tri Team Hamburg	02:10:15	00:26:59 (22.) 02:58 (23.)	01:00:23 (3.) 01:50 (2.)	00:38:03 (2.) 04:49 (12.)	
4.	4. W 25	87	Bernhard	FC St. Pauli-Triathlon	02:13:21	00:24:15 (10.) 02:35 (7.)	01:03:27 (11.) 01:50 (1.)	00:41:12 (5.) 04:25 (1.)	
5.	1. W 20	88	Meyer Hannah	1. TC Oldenburg „Die Bären“	02:14:38	00:23:33 (4.) 02:30 (3.)	01:02:38 (10.) 02:13 (19.)	00:43:43 (10.) 04:43 (7.)	
6.	1. W 30	89	Müller-Padeken	1. TC Oldenburg „Die Bären“	02:15:25	00:25:52 (19.) 03:05 (24.)	01:00:44 (5.) 02:01 (7.)	00:43:41 (9.) 05:06 (19.)	
7.	2. W 30	92	Brügge Nele	Tri-Sport Lübeck e.V.	02:15:42	00:25:06 (18.) 03:19 (27.)	01:04:09 (14.) 02:36 (29.)	00:40:30 (4.) 05:56 (30.)	
8.	3. W 30	77	Löhden Jana	Tri Team Hamburg	02:16:19	00:24:56 (14.) 02:46 (15.)	01:01:24 (6.) 02:08 (15.)	00:45:03 (14.) 04:54 (15.)	
9.	5. W 25	98	Tobian Mayra	Sportgemeinschaft Athletico	02:16:45	00:24:02 (8.) 02:38 (11.)	01:04:05 (13.) 02:06 (11.)	00:43:53 (11.) 04:45 (9.)	
10.	6. W 25	105	Pranger Louisa	Buxtehuder Sportverein	02:16:54	00:27:08 (23.) 03:19 (28.)	01:01:45 (9.) 02:16 (23.)	00:42:23 (8.) 05:36 (26.)	
11.	1. W 35	102	Klindworth	USC Kiel e.V.	02:17:40	00:27:47 (25.) 02:38 (10.)	00:59:39 (2.) 02:34 (27.)	00:45:00 (13.) 05:12 (22.)	
12.	7. W 25	96	Günther Paula	Sportgemeinschaft Athletico	02:17:49	00:24:02 (7.) 02:30 (4.)	01:00:42 (4.) 02:25 (26.)	00:48:08 (20.) 04:55 (16.)	
13.	2. W 20	94	Bradtke Alegria	Tri-Sport Lübeck e.V.	02:18:49	00:24:24 (12.) 02:24 (2.)	01:05:37 (17.) 02:14 (22.)	00:44:08 (12.) 04:39 (5.)	
14.	8. W 25	86	Tüx Emma Luise	FC St. Pauli-Triathlon	02:19:02	00:25:04 (16.) 03:23 (29.)	01:06:07 (19.) 02:08 (16.)	00:42:18 (7.) 05:31 (25.)	
15.	9. W 25	106	Klass Sarah	Buxtehuder Sportverein	02:19:08	00:28:20 (26.) 02:57 (22.)	01:03:54 (12.) 01:53 (4.)	00:42:02 (6.) 04:51 (13.)	
16.	1. W 40	93	Schaar Sophie	Tri-Sport Lübeck e.V.	02:19:58	00:26:52 (21.) 02:53 (20.)	01:01:37 (7.) 02:13 (21.)	00:46:20 (18.) 05:07 (21.)	
17.	2. W 35	101	Höft Elena	USC Kiel e.V.	02:21:33	00:25:04 (17.) 02:48 (18.)	01:05:32 (16.) 02:18 (24.)	00:45:49 (16.) 05:06 (20.)	
18.	1. Juniorin	76	Nitschke Frida	triZack Rostock e.V.	02:23:19	00:20:54 (1.) 02:39 (12.)	01:07:45 (22.) 02:13 (20.)	00:49:47 (25.) 04:52 (14.)	
19.	10. W 25	85	Ischebeck Lisa	FC St. Pauli-Triathlon	02:23:52	00:23:44 (6.) 02:39 (13.)	01:08:49 (23.) 02:09 (18.)	00:46:29 (19.) 04:49 (11.)	
20.	4. W 30	109	Dech Pons Maria	Triathlon Club Bremen	02:24:19	00:28:35 (28.) 02:35 (8.)	01:05:41 (18.) 01:55 (5.)	00:45:31 (15.) 04:30 (3.)	
21.	11. W 25	97	Schönbohm	Hannoverscher Sportverein v. 1896	02:24:55	00:26:00 (20.) 02:56 (21.)	01:04:22 (15.) 02:04 (10.)	00:49:32 (22.) 05:01 (18.)	
22.	12. W 25	100	Heil Finja	USC Kiel e.V.	02:26:06	00:24:18 (11.) 02:46 (16.)	01:06:30 (20.) 02:09 (17.)	00:50:21 (27.) 04:56 (17.)	
23.	2. Juniorin	90	Hanke Meret	1. TC Oldenburg „Die Bären“	02:26:17	00:23:40 (5.) 02:33 (6.)	01:07:06 (21.) 03:18 (32.)	00:49:38 (23.) 05:51 (28.)	
24.	5. W 30	104	Zeidler Katharina	Buxtehuder Sportverein	02:28:10	00:22:41 (3.) 02:32 (5.)	01:10:37 (28.) 02:00 (6.)	00:50:18 (26.) 04:32 (4.)	
25.	6. W 30	110	Sommerfeld	Triathlon Club Bremen	02:29:30	00:29:04 (30.) 03:15 (26.)	01:09:00 (24.) 02:01 (9.)	00:46:07 (17.) 05:17 (23.)	
26.	13. W 25	95	Stockrahm Celine	Tri-Sport Lübeck e.V.	02:31:13	00:24:09 (9.) 02:37 (9.)	01:12:41 (30.) 02:06 (14.)	00:49:38 (24.) 04:44 (8.)	
27.	7. W 30	81	Schott Lena	TSV Bargteheide von 1868 e.V.	02:36:32	00:24:32 (13.) 02:47 (17.)	01:09:32 (26.) 02:35 (28.)	00:57:05 (30.) 05:23 (24.)	

Ergebnisliste m/w - Triathlon Regionalliga-Nord (TRL)

Pl.	AK	SNR	Name	Verein	OVER	SWIM T1	BIKE T2	RUN TRANS	Zeitstr
Ergebnisse - Triathlon Regionalliga-Nord (TRL)									
28.	3.	W 20	111	Weber Amélie	Bremischer Schwimmverein	02:37:42	00:32:48 (32.) 03:36 (30.)	01:09:50 (27.) 02:06 (12.)	00:49:20 (21.) 05:42 (27.)
29.	4.	W 20	107	Voss Jane	Buxtehuder Sportverein	02:40:24	00:27:31 (24.) 02:40 (14.)	01:10:41 (29.) 02:06 (13.)	00:57:24 (31.) 04:47 (10.)
30.	14.	W 25	108	Dussoye Anisha	Triathlon Club Bremen	02:46:19	00:28:36 (29.) 03:43 (31.)	01:18:35 (32.) 02:21 (25.)	00:53:03 (28.) 06:04 (31.)
31.	1.	W 55	83	Andersen Elke	TSV Bargteheide von 1868 e.V.	02:47:02	00:30:43 (31.) 03:50 (32.)	01:14:29 (31.) 02:48 (31.)	00:55:10 (29.) 06:38 (32.)
32.	8.	W 30	91	Wieneke Marie	1. TC Oldenburg „Die Bären“	02:51:59	00:28:21 (27.) 03:07 (25.)	01:09:02 (25.) 02:45 (30.)	01:08:42 (32.) 05:53 (29.)

31. swb-Silbersee-Triathlon

Triathlon Regionalliga (TRL) - Mannschaftswertung Damen

SNR	Name	Zeit	Pl.
Triathlon Regionalliga-Nord (TRL)			
1. HEIKOTEL Tri Team Hamburg II 12			
79	Jendryschik Jenny	01:59:29	1.
78	Timm Svea	02:10:15	3.
77	Löhden Jana	02:16:19	8.
2. Athletico Büdelsdorf 23			
99	Nordmann Johanna	02:08:41	2.
98	Tobian Mayra	02:16:45	9.
96	Günther Paula Marie	02:17:49	12.
3. 1. TC Oldenburg "Die Bärinnen" II 34			
88	Meyer Hannah	02:14:38	5.
89	Müller-Padeken Alena	02:15:25	6.
90	Hanke Meret	02:26:17	23.
4. Tri-Sport Lübeck 1. Damen 36			
92	Brügge Nele Sophie	02:15:42	7.
94	Bradtke Alegria	02:18:49	13.
93	Schaar Sophie	02:19:58	16.
5. FC St. Pauli Regionalliga Deerns 37			
87	Bernhard Franziska	02:13:21	4.
86	Tüx Emma Luise	02:19:02	14.
85	Ischebeck Lisa	02:23:52	19.
6. Triathlon Team Buxtehude Damen I 49			
105	Pranger Louisa	02:16:54	10.
106	Klass Sarah	02:19:08	15.
104	Zeidler Katharina	02:28:10	24.
7. USC Kiel 50			
102	Klindworth Charlotte	02:17:40	11.
101	Höft Elena	02:21:33	17.
100	Heil Finja	02:26:06	22.
8. SG Triathlon Club Bremen Damen 73			
109	Dech Pons Maria	02:24:19	20.
110	Sommerfeld Melanie	02:29:30	25.
111	Weber Amélie	02:37:42	28.
9. Team TSV Bargteheide Tri II 138			
81	Schott Lena	02:36:32	27.
83	Andersen Elke	02:47:02	31.
80	Joost Marit	DNS	32.

Pl.	AK	SNR	Name	Verein	OVER	SWIM T1	BIKE T2	RUN TRANS	Zeitstr
Ergebnisse - Triathlon Regionalliga-Nord (TRL)									
m									
1.	1. M 35	16	Timme Hauke	USC Kiel e.V.	01:53:26	00:21:25 (27.) 02:08 (3.)	00:54:35 (9.) 01:43 (12.)	00:33:33 (1.) 03:51 (7.)	
2.	1. M 20	26	Droska Sönke	TriAs Hildesheim	01:54:51	00:19:35 (7.) 02:16 (15.)	00:55:36 (20.) 01:51 (27.)	00:35:31 (8.) 04:08 (19.)	
3.	1. Juniore	7	Freyhof Enno	TC FIKO Rostock	01:55:16	00:18:04 (2.) 02:12 (7.)	00:58:04 (35.) 01:36 (4.)	00:35:19 (6.) 03:48 (6.)	
4.	1. M 45	5	Witte Mirko	ASC Göttingen v. 1846 e. V.	01:55:41	00:21:06 (12.) 02:13 (10.)	00:55:18 (15.) 01:43 (11.)	00:35:20 (7.) 03:56 (10.)	
5.	1. M 30	34	Günther Niklas	Triathlöwen Bremen	01:55:42	00:21:17 (17.) 02:30 (34.)	00:54:50 (11.) 01:52 (28.)	00:35:11 (5.) 04:23 (35.)	
6.	2. M 20	18	Ernst Tjorven	USC Kiel e.V.	01:55:56	00:21:08 (13.) 02:22 (22.)	00:54:53 (12.) 01:42 (9.)	00:35:50 (9.) 04:04 (15.)	
7.	1. M 40	3	Höhler Knut	ASC Göttingen v. 1846 e. V.	01:56:01	00:22:28 (35.) 02:13 (11.)	00:53:40 (3.) 01:28 (2.)	00:36:10 (13.) 03:42 (4.)	
8.	2. M 35	33	Günther Fabian	Triathlöwen Bremen	01:56:11	00:18:12 (4.) 02:47 (54.)	00:54:35 (8.) 01:52 (29.)	00:38:43 (38.) 04:39 (50.)	
9.	1. M 25	48	Voß Fabian	Buxtehuder Sportverein	01:56:27	00:19:05 (5.) 02:08 (4.)	00:56:53 (27.) 01:43 (10.)	00:36:37 (20.) 03:51 (8.)	
10.	3. M 20	36	Widderich Lucas	TriVelos Flensburg von 2008 e.V.	01:56:55	00:20:22 (11.) 02:19 (19.)	00:56:17 (24.) 01:57 (41.)	00:35:57 (11.) 04:17 (26.)	
11.	2. M 25	2	Holtz Christopher	ASC Göttingen v. 1846 e. V.	01:57:00	00:23:10 (51.) 02:29 (32.)	00:55:26 (18.) 01:46 (18.)	00:34:07 (2.) 04:15 (22.)	
12.	3. M 35	9	Schick Philipp	HSG Uni Greifswald	01:57:11	00:21:20 (19.) 02:49 (58.)	00:53:42 (4.) 01:47 (21.)	00:37:31 (29.) 04:36 (48.)	
13.	4. M 20	43	Trautsch Jan	Tri-Sport Lübeck e.V.	01:57:43	00:21:23 (23.) 02:35 (43.)	00:53:59 (5.) 01:52 (30.)	00:37:52 (32.) 04:28 (41.)	
14.	2. M 30	32	Grube Marten	Triathlon Club Bremen	01:57:44	00:21:19 (18.) 02:17 (16.)	00:58:30 (39.) 01:26 (1.)	00:34:10 (3.) 03:44 (5.)	
15.	3. M 25	37	Finck Leif-Erik	TriVelos Flensburg von 2008 e.V.	01:57:46	00:22:03 (31.) 02:10 (5.)	00:54:58 (13.) 01:47 (19.)	00:36:47 (22.) 03:57 (11.)	
16.	4. M 25	27	Horlbeck	Gymnastik-Club von 1965	01:57:57	00:22:32 (38.) 02:31 (36.)	00:55:03 (14.) 01:44 (14.)	00:36:04 (12.) 04:16 (25.)	
17.	3. M 30	4	Hippe Yannis	ASC Göttingen v. 1846 e. V.	01:58:01	00:21:40 (29.) 02:24 (24.)	00:54:43 (10.) 02:02 (48.)	00:37:11 (27.) 04:26 (39.)	
18.	4. M 35	17	Klindworth	USC Kiel e.V.	01:58:28	00:21:21 (21.) 02:13 (12.)	00:55:19 (16.) 01:53 (34.)	00:37:40 (30.) 04:07 (17.)	
19.	4. M 30	31	Zabel Sven	Triathlon Club Bremen	01:58:33	00:21:42 (30.) 02:35 (42.)	00:55:33 (19.) 01:40 (7.)	00:37:01 (24.) 04:15 (23.)	
20.	5. M 20	28	Böger Leef	1. Nienburger SC	01:59:10	00:19:34 (6.) 02:27 (27.)	00:58:41 (40.) 01:55 (40.)	00:36:30 (17.) 04:23 (36.)	
21.	6. M 20	13	Hahnefeldt Lars	TRIATHLON TEAM HAMBURG	01:59:14	00:21:23 (25.) 02:36 (45.)	00:56:54 (28.) 01:49 (23.)	00:36:31 (18.) 04:25 (38.)	
22.	5. M 30	74	Elfers Julian	Stader Schwimmverein	01:59:31	00:21:20 (20.) 02:11 (6.)	00:59:07 (46.) 01:46 (15.)	00:35:05 (4.) 03:57 (12.)	
23.	5. M 25	6	Mier Jonas	TC FIKO Rostock	01:59:36	00:18:02 (1.) 02:12 (8.)	00:57:50 (32.) 01:41 (8.)	00:39:49 (51.) 03:53 (9.)	
24.	7. M 20	1	Schüler Luca	ASC Göttingen v. 1846 e. V.	01:59:50	00:22:29 (36.) 02:19 (17.)	00:54:34 (7.) 01:58 (44.)	00:38:28 (36.) 04:17 (28.)	
25.	5. M 35	62	Witt Jonas	FC St. Pauli-Triathlon	02:00:02	00:20:20 (10.) 02:19 (18.)	00:55:52 (23.) 02:03 (50.)	00:39:26 (48.) 04:22 (34.)	
26.	8. M 20	54	Wichmann Leif	MTV Dänischenhagen von 1913	02:00:07	00:21:26 (28.) 02:21 (21.)	00:54:13 (6.) 01:54 (38.)	00:40:11 (52.) 04:15 (24.)	
27.	6. M 25	20	Lorenz Lovis	USC Kiel e.V.	02:00:18	00:21:23 (24.) 02:20 (20.)	00:57:59 (34.) 01:53 (32.)	00:36:41 (21.) 04:13 (21.)	

Pl.	AK	SNR	Name	Verein	OVER	SWIM T1	BIKE T2	RUN TRANS	Zeitstr
Ergebnisse - Triathlon Regionalliga-Nord (TRL)									
28.	9. M 20	22	Siefkens Jonas	1. TC Oldenburg „Die Bären“	02:00:42	00:21:17 (16.) 02:07 (2.)	00:57:42 (31.) 01:53 (36.)	00:37:40 (31.) 04:01 (13.)	
29.	6. M 30	59	Süßmann	SC Itzehoe	02:01:21	00:20:14 (9.) 02:15 (14.)	01:00:43 (55.) 01:50 (25.)	00:36:18 (14.) 04:05 (16.)	
30.	7. M 30	47	Freitag Finn	Tri Team Hamburg	02:01:34	00:21:22 (22.) 02:49 (57.)	00:56:49 (26.) 02:01 (46.)	00:38:31 (37.) 04:51 (54.)	
31.	8. M 30	53	Surmont Jean	Sportgemeinschaft Athletico	02:01:43	00:22:37 (42.) 02:50 (60.)	00:55:37 (21.) 02:13 (52.)	00:38:24 (34.) 05:03 (57.)	
32.	7. M 25	41	Martensen Lars	Tri-Sport Lübeck e.V.	02:01:44	00:22:11 (33.) 02:14 (13.)	00:58:50 (43.) 01:53 (35.)	00:36:35 (19.) 04:07 (18.)	
33.	8. M 25	11	Last Maurice	Team Triathlon Hamburger	02:01:50	00:22:33 (39.) 02:35 (41.)	00:55:22 (17.) 01:47 (22.)	00:39:32 (49.) 04:22 (33.)	
34.	2. Juniore	21	Moormann Leif	1. TC Oldenburg „Die Bären“	02:01:52	00:21:10 (14.) 02:31 (35.)	00:57:27 (30.) 01:46 (17.)	00:38:56 (41.) 04:17 (30.)	
35.	2. M 40	35	Putzke Marc	Triathlönwren Bremen	02:01:53	00:22:41 (44.) 02:29 (31.)	00:58:11 (36.) 02:08 (51.)	00:36:23 (15.) 04:37 (49.)	
36.	10. M 20	8	Wolf Jannes	HSG Uni Greifswald	02:02:07	00:22:56 (45.) 02:23 (23.)	00:55:40 (22.) 01:47 (20.)	00:39:19 (46.) 04:11 (20.)	
37.	11. M 20	23	Grotelüschen	1. TC Oldenburg „Die Bären“	02:02:34	00:20:03 (8.) 02:03 (1.)	00:59:37 (50.) 01:38 (5.)	00:39:10 (44.) 03:42 (3.)	
38.	9. M 30	12	Kraft Markus	Team Triathlon Hamburger	02:03:11	00:23:07 (48.) 02:34 (39.)	00:58:42 (41.) 01:57 (42.)	00:36:48 (23.) 04:32 (46.)	
39.	10. M 30	39	Zimmer Yannic	TriVelos Flensburg von 2008 e.V.	02:03:31	00:22:31 (37.) 02:34 (40.)	00:57:22 (29.) 01:54 (37.)	00:39:08 (43.) 04:29 (43.)	
40.	11. M 30	65	Gaio Fabian	FC St. Pauli-Triathlon	02:03:51	00:21:13 (15.) 02:42 (50.)	00:59:15 (47.) 01:46 (16.)	00:38:54 (39.) 04:29 (44.)	
41.	6. M 35	30	Au Alexander	TriAs Hildesheim	02:03:54	00:23:10 (50.) 02:28 (30.)	00:58:49 (42.) 02:18 (55.)	00:37:06 (25.) 04:46 (52.)	
42.	9. M 25	71	Eversen Jeroen	Stader Schwimmverein	02:04:10	00:22:19 (34.) 02:27 (26.)	01:00:13 (52.) 01:49 (24.)	00:37:20 (28.) 04:17 (27.)	
43.	10. M 25	38	Issem Niklas	TriVelos Flensburg von 2008 e.V.	02:05:29	00:23:01 (46.) 02:27 (28.)	00:59:04 (45.) 02:00 (45.)	00:38:55 (40.) 04:28 (42.)	
44.	7. M 35	15	Paulus Marvin	TRIATHLON TEAM HAMBURG	02:05:38	00:23:25 (52.) 02:46 (53.)	00:56:37 (25.) 02:31 (60.)	00:40:19 (53.) 05:17 (60.)	
45.	3. Juniore	19	Buchheim Toni	USC Kiel e.V.	02:05:59	00:22:39 (43.) 02:35 (44.)	00:58:12 (37.) 01:55 (39.)	00:40:36 (54.) 04:31 (45.)	
46.	12. M 20	64	Dittmer Lennard	FC St. Pauli-Triathlon	02:06:09	00:28:15 (64.) 02:32 (38.)	00:57:58 (33.) 01:31 (3.)	00:35:51 (10.) 04:04 (14.)	
47.	13. M 20	57	Behnemann	MTV Leck	02:06:40	00:22:04 (32.) 02:30 (33.)	00:59:25 (49.) 02:02 (47.)	00:40:37 (55.) 04:32 (47.)	
48.	12. M 30	24	Berndt Martin	1. TC Oldenburg „Die Bären“	02:07:27	00:23:27 (53.) 02:40 (49.)	01:00:15 (53.) 01:44 (13.)	00:39:19 (47.) 04:25 (37.)	
49.	8. M 35	55	Nüser Niels	Sportgemeinschaft Athletico	02:07:37	00:23:39 (54.) 02:37 (46.)	01:00:16 (54.) 01:51 (26.)	00:39:13 (45.) 04:28 (40.)	
50.	11. M 25	52	Lange Clemens	Sportgemeinschaft Athletico	02:07:54	00:27:30 (62.) 02:53 (61.)	00:53:18 (2.) 02:46 (61.)	00:41:25 (58.) 05:40 (63.)	
51.	9. M 35	73	Künne Maximilian	Buxtehuder Sportverein	02:08:05	00:25:24 (58.) 02:32 (37.)	00:59:15 (48.) 02:25 (58.)	00:38:27 (35.) 04:57 (55.)	
52.	3. M 40	40	Surkus Torge	TriVelos Flensburg von 2008 e.V.	02:08:07	00:22:37 (41.) 02:47 (55.)	01:03:55 (62.) 02:17 (54.)	00:36:29 (16.) 05:05 (58.)	
53.	4. Juniore	58	Carstens Lasse	SC Itzehoe	02:08:23	00:23:47 (56.) 02:37 (47.)	01:02:00 (58.) 01:39 (6.)	00:38:17 (33.) 04:17 (29.)	
54.	13. M 30	14	Hendryk Sönwen	TRIATHLON TEAM HAMBURG	02:08:28	00:23:08 (49.) 03:04 (63.)	01:02:47 (60.) 02:21 (56.)	00:37:07 (26.) 05:25 (62.)	
55.	4. M 40	63	Dethlefs Arne	FC St. Pauli-Triathlon	02:09:05	00:25:28 (59.) 02:25 (25.)	00:58:27 (38.) 01:53 (33.)	00:40:49 (56.) 04:19 (31.)	

Ergebnisliste m/w - Triathlon Regionalliga-Nord (TRL)

Pl.	AK	SNR	Name	Verein	OVER	SWIM T1	BIKE T2	RUN TRANS	Zeitstr
Ergebnisse - Triathlon Regionalliga-Nord (TRL)									
56.	12. M 25	10	Blankenberg	HSG Uni Greifswald	02:09:18	00:21:23 (26.) 02:45 (51.)	01:03:32 (61.) 02:03 (49.)	00:39:33 (50.) 04:48 (53.)	
57.	10. M 35	44	Stäcker Leif	Tri-Sport Lübeck e.V.	02:11:04	00:25:54 (60.) 02:55 (62.)	00:58:50 (44.) 02:16 (53.)	00:41:08 (57.) 05:11 (59.)	
58.	5. M 40	72	Moritz Wanja	Buxtehuder Sportverein	02:12:05	00:23:45 (55.) 02:49 (59.)	00:59:52 (51.) 02:30 (59.)	00:43:06 (60.) 05:20 (61.)	
59.	6. M 40	56	Koblun Björn	SC Itzehoe	02:12:29	00:26:15 (61.) 03:21 (64.)	01:01:07 (56.) 02:47 (62.)	00:38:57 (42.) 06:08 (64.)	
60.	11. M 35	51	Preußer Timo	VSK-Osterholz-Scharmbeck	02:13:47	00:23:07 (47.) 02:38 (48.)	01:01:59 (57.) 02:24 (57.)	00:43:38 (61.) 05:02 (56.)	
61.	13. M 25	75	Tietjen Jannes	Stader Schwimmverein	02:14:03	00:22:35 (40.) 02:28 (29.)	01:05:33 (63.) 01:53 (31.)	00:41:33 (59.) 04:21 (32.)	
62.	5. Juniore	45	Noah Groth	Tri-Sport Lübeck e.V.	02:20:23	00:27:42 (63.) 02:48 (56.)	01:02:05 (59.) 01:58 (43.)	00:45:49 (62.) 04:46 (51.)	
63.	14. M 25	42	Bjarne Pöhlsen	Tri-Sport Lübeck e.V.	02:44:56	00:34:00 (65.) 03:48 (65.)	01:07:58 (64.) 04:06 (63.)	00:55:02 (63.) 07:54 (65.)	
64.	12. M 35	61	Pein Josh	FC St. Pauli-Triathlon	DNF	00:24:39 (66.) 02:45 (66.)	01:00:59 (65.) 02:43 (64.)	00:37:25 (64.) 05:28 (66.)	

31. swb-Silbersee-Triathlon

Triathlon Regionalliga (TRL) - Mannschaftswertung Herren

SNR	Name	Zeit	Pl.
Triathlon Regionalliga-Nord (TRL)			
1.	ASC Göttingen Triathlon Team	39	
5	Witte Mirko	01:55:41	4.
3	Höhler Knut	01:56:01	7.
2	Holtz Christopher	01:57:00	11.
4	Hippe Yannis	01:58:01	17.
2.	SG Bremer Triathleten	46	
34	Günther Niklas	01:55:42	5.
33	Günther Fabian	01:56:11	8.
32	Grube Marten	01:57:44	14.
31	Zabel Sven	01:58:33	19.
3.	USC Kiel#richtigBock	52	
16	Timme Hauke	01:53:26	1.
18	Ernst Tjorven	01:55:56	6.
17	Klindworth Jan-Hinrich	01:58:28	18.
20	Lorenz Lovis	02:00:18	27.
4.	TC FIKO Rostock	74	
7	Freyhof Enno	01:55:16	3.
9	Schick Philipp	01:57:11	12.
6	Mier Jonas	01:59:36	23.
8	Wolf Jannes	02:02:07	36.
5.	TriAs Hildesheim	79	
26	Droska Sönke	01:54:51	2.
27	Horlbeck Dominique	01:57:57	16.
28	Böger Leef	01:59:10	20.
30	Au Alexander	02:03:54	41.
6.	TriVelos Flensburg	107	
36	Widderich Lucas	01:56:55	10.
37	Finck Leif-Erik	01:57:46	15.
39	Zimmer Yannic	02:03:31	39.
38	Issem Niklas	02:05:29	43.
7.	SG TTH-H	136	
13	Hahnefeldt Lars	01:59:14	21.
11	Last Maurice	02:01:50	33.
12	Kraft Markus	02:03:11	38.
15	Paulus Marvin	02:05:38	44.
8.	1. TC Oldenburg Die Bären II	147	
22	Siefkens Jonas	02:00:42	28.
21	Moormann Leif	02:01:52	34.
23	Grotelüschen Fynn	02:02:34	37.

31. swb-Silbersee-Triathlon

Triathlon Regionalliga (TRL) - Mannschaftswertung Herren

SNR	Name	Zeit	Pl.
24	Berndt Martin	02:07:27	48.
9. SG Mittelholstein		156	
54	Wichmann Leif Erik	02:00:07	26.
53	Surmont Jean	02:01:43	31.
55	Nüser Niels	02:07:37	49.
52	Lange Clemens	02:07:54	50.
10. Tri-Sport Lübeck Green Energy		164	
43	Trautsch Jan Henrik	01:57:43	13.
41	Martensen Lars	02:01:44	32.
44	Stäcker Leif	02:11:04	57.
45	Noah Groth	02:20:23	62.
11. FC St. Pauli Triathlon Herren		166	
62	Witt Jonas	02:00:02	25.
65	Gaio Fabian	02:03:51	40.
64	Dittmer Lennard	02:06:09	46.
63	Dethlefs Arne	02:09:05	55.
12. SG Tri-Team Unterelbe		173	
74	Elfers Julian	01:59:31	22.
71	Eversen Jeroen	02:04:10	42.
73	Künne Maximilian	02:08:05	51.
72	Moritz Wanja	02:12:05	58.
13. Team B&H Sport-Club Itzehoe II		188	
59	Süßmann Frederic	02:01:21	29.
57	Behnemann Philipp	02:06:40	47.
58	Carstens Lasse	02:08:23	53.
56	Koblun Björn	02:12:29	59.
14. Kaifu Tri Team Herren		400	
66	Müller Thomas	DNS	63.
67	van den Kerckhoff Jonas Kjell	DNS	63.
68	Jaspersen Mats	DNS	63.
69	Gayer Sören	DNS	63.